

HOUSE AND LEISURE

THE PLEASURE OF LIVING HERE NOW

we're going
**BACK TO
BLACK**
BOLD + ELEMENTAL + DRAMATIC

**TRANSFORM YOUR
SPACE WITH FABRICS
& WALLPAPERS**

GOTHIC GLAM
A WINTER COCKTAIL PARTY
**ART & ABOUT
CAPE TOWN'S NORVAL
FOUNDATION**

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





WINDOW COVERING TECHNOLOGY

WINTEC



LUNATINE OAK TREE LO-97

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy





Luminos is a world class manufacturer who specialises in the art of bespoke window coverings. Using only the best textiles and components from around the globe, Luminos is synonymous with style and quality that is both timeless and original.

We have a dealer network nationwide to assist you with creating the ideal piece to compliment the aesthetics of your architecture and décor.

Contact our head office or visit our site for more:
www.luminosblinds.co.za | info@luminosblinds.co.za
+27 32 533 4750

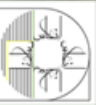


the Blinds Syndicate^{cc}

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



July 2018

CONTENTS

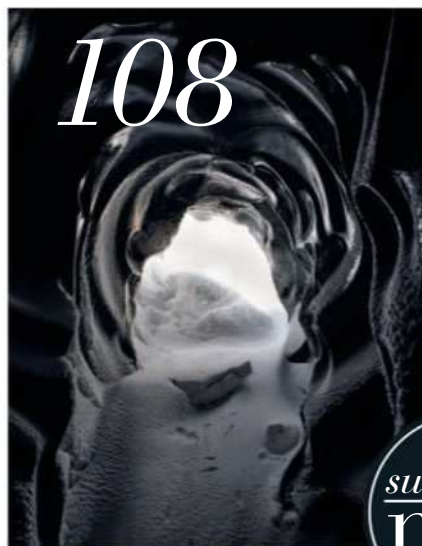
VIEW

- 15 **CURATE** Black-on-black interiors
- 22 **DESIGN** Designer Michèle Lamy on her and Rick Owens' furniture line
- 28 **BODY OF WORK** What motivates performance art collective Dear Ribane
- 30 **ART DETAIL** Artist Patrick Bongoy on art, society and the environment
- 34 **SHOPPING** A Spring 2018 catwalk collection inspired our monochrome ode to pattern, texture and shape
- 40 **NOTED** Up-to-date design news



HOUSE

- 48 **CABIN FEVER** Integrating perfectly with its natural setting, this modern Elgin cabin is the ultimate family retreat
- 56 **MODERN MINIMAL** A Joburg duplex was sensitively renovated to suit its owner's need for flow and space
- 64 **ANGLE POISE** Non-conformist geometry and a moody facade give a Camps Bay abode its strong identity
- 72 **SANCTUARY IN THE CITY** Illuminated, open volumes speak to their leafy surrounds in this pet-friendly Cape Town home
- 80 **IN A SENTIMENTAL MOOD** Darkness and light play with tactile layers in a relaxed Umhlanga house



LEISURE

- 90 **PINPOINT** Cape Town's Norval Foundation serves as a custodian for the conservation of art, nature and heritage
- 96 **GARDEN** Landscaper Gregory Mark combined considered plantings with a sleek aesthetic to create an urban paradise in this Inanda garden
- 100 **FOOD** Take a walk on the wild side with a selection of dramatic, seductive eats and drinks – the ideal spread for a winter cocktail party
- 107 **FOOD & DRINKS NEWS** A hit list of the latest culinary attractions to grace the Cape, plus tipples to tantalise your taste buds
- 108 **TRAVEL** While Iceland is known for its dramatic glaciers and geysers, its capital Reykjavik offers warm Nordic hospitality, a hip foodie scene, and a tightly knit design and retail milieu

FOCUS

- 116 **COVER STARS** Bring new life to bare surfaces with our plethora of black-and-white, motif-rich wallpapers, and graphic, texture-driven fabrics
- 122 **NEWS** We've rounded up the best decor elements for updating your living space (page 122), kitchen (page 124) and bathroom (page 125)

REGULARS & WINS

- ON THE COVER** Photograph by Greg Cox/Bureaux
- 4 **EDITOR'S LETTER** Tiaan Nagel on what inspired the Transform and Reshape issue
- 6 **HOUSEANDLEISURE.CO.ZA**
- 10 **THE HOUSE AND LEISURE ONLINE SHOP** Find decor and gifts in our store
- 20 **PERSPECTIVE** Multimedia storyteller Malibongwe Tyilo finds joy in routine
- 88 **SUBSCRIBE** Get 35% off *House and Leisure* – plus delivery to your door
- 114 **COMPETITION: GONDWANA GAME RESERVE** One reader will win a two-night stay at Ulubisi House worth R100 000
- 126 **STOCKISTS**
- 128 **STYLE PROFILE** Meet Betony Vernon



subscribe now

For current print subscription offers, email subs@magsathome.co.za or call 087-405-2221. To download the digital edition of House and Leisure, visit houseandleisure.co.za.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

HARD WOOD FLOORING

Handcrafted to European Standards



ZIMBO'S

FLOORING SOLUTIONS



DURBAN BRANCH NOW OPEN!

ENGINEERED OAK | ENGINEERED EXOTIC | PARQUETRY | SOLID WOOD



www.loba.co.za - Shop Online



CAPE TOWN | JOHANNESBURG | DURBAN - 0860 995 303

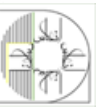
WAKOL



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 [Enekas.Academy](https://www.instagram.com/Enekas.Academy)



EDITOR'S LETTER



I have always been fascinated by designer Rick Owens and his eccentric wife Michèle Lamy, and have spent many an evening scouring YouTube for obscure video interviews of these two talking about their lives as designers and their unique relationship. He is usually calm and draped in black (naturally, dressed in Rick Owens, the fashion label) and she is smoking cigarettes excessively while gesturing with her hands, which are stacked with bold jewellery, fingertips smeared with dark henna.

Then, one morning at a breakfast brainstorm in Cape Town I asked the team, knowing that it might be an impossible

task, to work on a feature on the Rick Owens furniture line as a design story that I knew would be perfect for our annual 'Back to Black' Transformations issue. Owens' and Lamy's fascination with all things dark, nomadic and ritualistic was the perfect narrative for this moody book.

So I can't even begin to explain how very jealous I felt when our new story editor Garreth van Niekerk casually sent me a message a few weeks ago – saying that he wouldn't be available for a meeting because he was doing a telephone interview with Michèle Lamy. I mean... an old-school live telephone interview, with Garreth scribbling notes as Michèle described the duo's design process and chatted about her favourite materials. There are very few genuine treats in life, and a heart-to-heart with Michèle Lamy about Rick Owens and alabaster furniture is definitely on my list. (You can discover what Michèle told Garreth on page 22.)

For this issue, we have lined up homes that also touch on this spirit of eccentricity and boldness: spaces that march to their own drum, design-wise, and homeowners who love all things monotone. Our cover house this month (p48) is a good example: it's a simple weekend retreat near a lake, but has been given the feel of a slightly otherworldly log cabin via interior walls and ceilings clad in blonde wood, which are perfectly set off by a few carefully chosen pieces of black furniture. Another home has a contemporary brutalist, all-black exterior with a sleek interior (p64), while the abode refurbished by Nick Gluckman of Oggie Hardwood Flooring is a perfect pet-friendly 'tree house' in Tamboerskloof (p72) – with beautiful wooden floors (of course) but also showcasing a strong monochrome aesthetic that feels comforting and warm.

This issue is really packed with the best of the best, and I hope you enjoy it all.

PS While we're speaking of treats, here's a sneak peek at some of the essentials that make me smile every day.

 - Editor

Follow me  [tiaannagel](#)



RIGHT, CLOCKWISE FROM TOP

Frederique Constant Classics Index GMT **watch** R31 270, Picot & Moss; Nespresso Expert & Milk automatic **espresso machine** with Aeroccino milk frother in Black R5 500, Yuppiechef.com; Adidas Originals Samba OG **sneakers** R1 499, Adidas; La Mer The Moisturizing Cool Gel Cream R2 435 (30ml), selected outlets; **Liquorice twists** R19 (125g), Woolworths.

 houseandleisure  houseleisureSA  HouseAndLeisure  houseandleisure

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy

Higgovale.
Oggie FSC Oak Oliato Living Brushed-Creymist UV Oiled - 15/4 x 220 x 2200

...oak floors handcrafted to
your specific design needs.



Cape Town: 021 510 2846 | Paarden Eiland
Johannesburg: 011 262 3117 | Sandton
Durban: 031 000 1000 | Umhlanga
enquiry@oggie.co.za
www.oggieflooring.com

Oggie
hardwood
flooring

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

Enekas.Academy

Enekas.Academy



houseandleisure.co.za

INSIGHTS. NEWS. INSPIRATION. EXPLORE A WORLD OF EXCLUSIVE CONTENT ONLINE

1



PERUSE A HEADY GALLERY OF ICONIC MOMENTS CAPTURED IN TIME BY PHOTOGRAPHER GREATS SUCH AS HENRI CARTIER-BRESSON, WHO SHAPED WHAT THE ART WAS, IS, AND IS STILL TO BECOME.



WRAP STARS

Judge them by their covers, we dare you. Classy black-and-white beer and wine labels provide every excuse to procure the product.

URBAN ANGLE

Deep, rough, rich in monochrome: get acquainted with architecture that finds its centre in form and function – from perfect symmetry to minimalist Scandi style.

3



SUBSCRIBE TO OUR YOUTUBE CHANNEL.
[YOUTUBE.COM/HOUSEANDLEISURESA](https://www.youtube.com/houseandleisureSA)



4

WALLS AND ALL

Our pick includes sultry noir florals, dramatic patterns, embossed motifs and graphic wallpapers – these are the inky fabrics and wallcoverings you need on your radar right now.



WHITE NOISE In a rebellious reaction to this issue's transformative black theme, our Instagram feed is all about white, cream and ivory.

5



houseleisureSA

HouseAndLeisure

houseandleisure

houseandleisure

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

Enekas.Academy

Enekas.Academy



perfect precision. flawless function.

evolution

Timeless kitchens that are designed for every lifestyle.

Easylife Kitchens offers you the widest range of styles and finishes for your kitchen. We can also custom design almost any storage solution to suit your individual requirements and specifications.

32 showrooms nationwide. 2 year kitchen guarantee.
0861 327 9543 / 0861 EASYLIFE www.easylifekitchens.co.za

The Easylife Kitchens **e**volution is here!
Visit one of our showrooms to view the latest European design trends.

elk easylife
kitchens

ksa
The Kitchen Specialist
ASSOCIATION
KITCHEN
MEMBER



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

Enekas.Academy

Enekas.Academy





As seen in House and Leisure styling Leana Schoeman

HOUSE AND LEISURE

THE PLEASURE OF LIVING HERE NOW

EDITORIAL

Editor Tiaan Nagel tiaan@assocmedia.co.za
Deputy Editor Robyn Alexander robyn@assocmedia.co.za
Art Director Ian Martin ian@assocmedia.co.za
Junior Art Director Gemma Bedford gemma@assocmedia.co.za
Managing Editor Rosalyn Watson rosalynd@assocmedia.co.za
Chief Copy Editor Emma Follett-Botha emma@assocmedia.co.za
Acting Copy Editor Mariola Fouché hlfree@assocmedia.co.za
Decor Editor Chrizanda Botha chrizanda@assocmedia.co.za
Digital Editor Lisa Wallace lisaw@assocmedia.co.za
Senior Story Editor Garreth van Niekerk garreth@assocmedia.co.za
Story Editor Annzra Naidoo annzra@assocmedia.co.za
Editorial Contact (CT) 021-464-6200
Editorial Contact (JHB) 010-286-1175

COMMERCIAL

Key Account Managers Greer Krige (Coastal) 082-397-2056, greer@assocmedia.co.za
 Jeanine Viljoen (Gauteng) 082-654-9308, jeaninev@assocmedia.co.za
Group Account Manager Carmen Clegg
Junior Traffic Manager Jorika Moore
Advertising Controller Quanita Rinquest 021-464-6207

ASSOCIATED MEDIA PUBLISHING

Chairman Jane Raphaely
Chief Executive Officer Julia Raphaely
Head of Advertising and Creative Solutions Leigh Kinross
Group Brand Director Emilie Gambade
Head of Digital Elrike Lochner
Head of Human Resources Silke Rathbone
Digital Traffic Manager Nasheeta Khan
Digital Communications Manager Blue Masoka
Digital Assistant Simone Smit
Digital Support Tarryn Ballentine
Digital Media and Data Strategist Marilize Nel
Campaign Manager Kareesha Naidoo
Head of Creative Studio Kat de Sarigny
Creative Director Kassie Naidoo
Creative Studio Producer/Art Buyer Cindy Comer
Special Projects Manager Nicole Williamson
Integrated Projects Manager Dee Berry
Marketing Coordinator Claudell van Eeden
Marketing Assistant Potego Mminele
Creative Studio Head of Copy Jaime Waddington
Creative Studio Copywriter Celeste Jacobs
Creative Studio Group Art Directors Victoria Meder, Janine Nel
Creative Studio Senior Designer Jessica Cohen
Creative Studio Designers Nadine Williams, Stacey Knipe
Group Videographer and Photo Editor Valentina Nicol
Creative Studio Proofreader Kelly-May Macdonald

Head of Distribution and Supply Chain Marcus Newkirk
Production Manager Paul Livingstone
Production Assistant Shaakira Ajam
Studio Manager André Reinders
DTP Operator Michelle Bowers

HR Officer Natasha Nadia Marillier

Financial Manager Bianca de Jongh
Senior Accountant Marcellé Finucane
Accountants Lee-Ancher Strauss, Angelene Facolyn
Debtors Controller Meagan Dowman

PA to Chief Executive Officer and Chairman Janine Duncan
Clerical Assistant/Driver Trevor Goodall
Office Assistants Carol Geduld, Felicia Burt

CAPE TOWN HEAD OFFICE

Associated Media Publishing, Ninth Floor, 80 Strand Street, Cape Town 8001; PO Box 12155, Mill Street, Gardens 8000; 021-464-6200

JOHANNESBURG OFFICE

The Business Exchange (TBE), 2nd Floor, North Wing, 90 Rivonia Road, Sandton 2196; 010-286-1175

SUBSCRIPTIONS

To subscribe to *House and Leisure* visit houseandleisure.co.za
 SA subscriptions and back issues 087-405-2221
subs@magsathome.co.za
assocmedia.co.za

Editorial material submitted will not be returned. If you cannot find a copy at your local store please send details via SMS to 41939 or email info@assocmedia.co.za. *House and Leisure* is published monthly by Associated Media Publishing (Pty) Ltd, 80 Strand Street, Cape Town 8001. All rights reserved. Reproduction of any material, including digital, in whole or in part without written permission is strictly prohibited.

ASSOCIATED
 MEDIA PUBLISHING
WE KNOW WOMEN

Printed by
 paarlmedia

rna

ASSOCIATED
 MEDIA BERPO

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

Enekas.Academy

Enekas.Academy

CAPTIVATING STYLE



STYLE | SECURITY | VERSATILITY | VALUE

AMERICAN
shutters

Your Window to Design

087 238 2123
Nationwide

www.americanshutters.co.za
info@americanshutters.co.za

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



SHOP OUR MONOCHROME WISH LIST

Visit shop.houseandleisure.co.za for a selection of designer wares – from minimal, graphic, striped or abstract – handpicked by all our editors and inspired by this month’s transformative theme.

COMPILED BY LISA WALLACE PHOTOGRAPHS SUPPLIED

SNAP TO SHOP ONLINE



HOUSEANDLEISURE.CO.ZA



1

2



8



9

3



5

CLOCKWISE FROM TOP RIGHT

1. Waves tote bag (R700; 34x36cm), Lichen & Leaf
2. Triangle Nguni earrings in sterling silver and porcelain painted with 18ct gold lustre (R330; 2.5x3cm), Nina Bosch Porcelain
3. (From top) Liquorice bowl (from R210; small) and Ivory bowl (from R190; small) in 100% cotton rope, both Mia Mélange
4. Geranium Rosemary & Lemon bath & body oil (R280; 500ml), Mies
5. Large Black & White wall clock (R800; 48cm diameter), Tydloos.com
6. Silver and onyx solitaire ring (R400), Meraki Jewellery Design
7. Cushion cover in cotton (R350; excludes inner), Cloth and Print
8. David cotton and denim braai cloth (R195; 51x67cm), Kin Culture Shop
9. Cape Storm pouch bag (R240; 20x27cm), Lichen & Leaf.



7



6



4



fabri®



kitchens . bathrooms . closets

TAILOR MADE IN PORTUGAL

www.fabri.pt . www.facebook.com/fabrisocial

Shop 32, Design Quarter, Fourways
T(+27) 11 467 3540 . johannesburg@fabri.pt

in partnership with

Miele

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

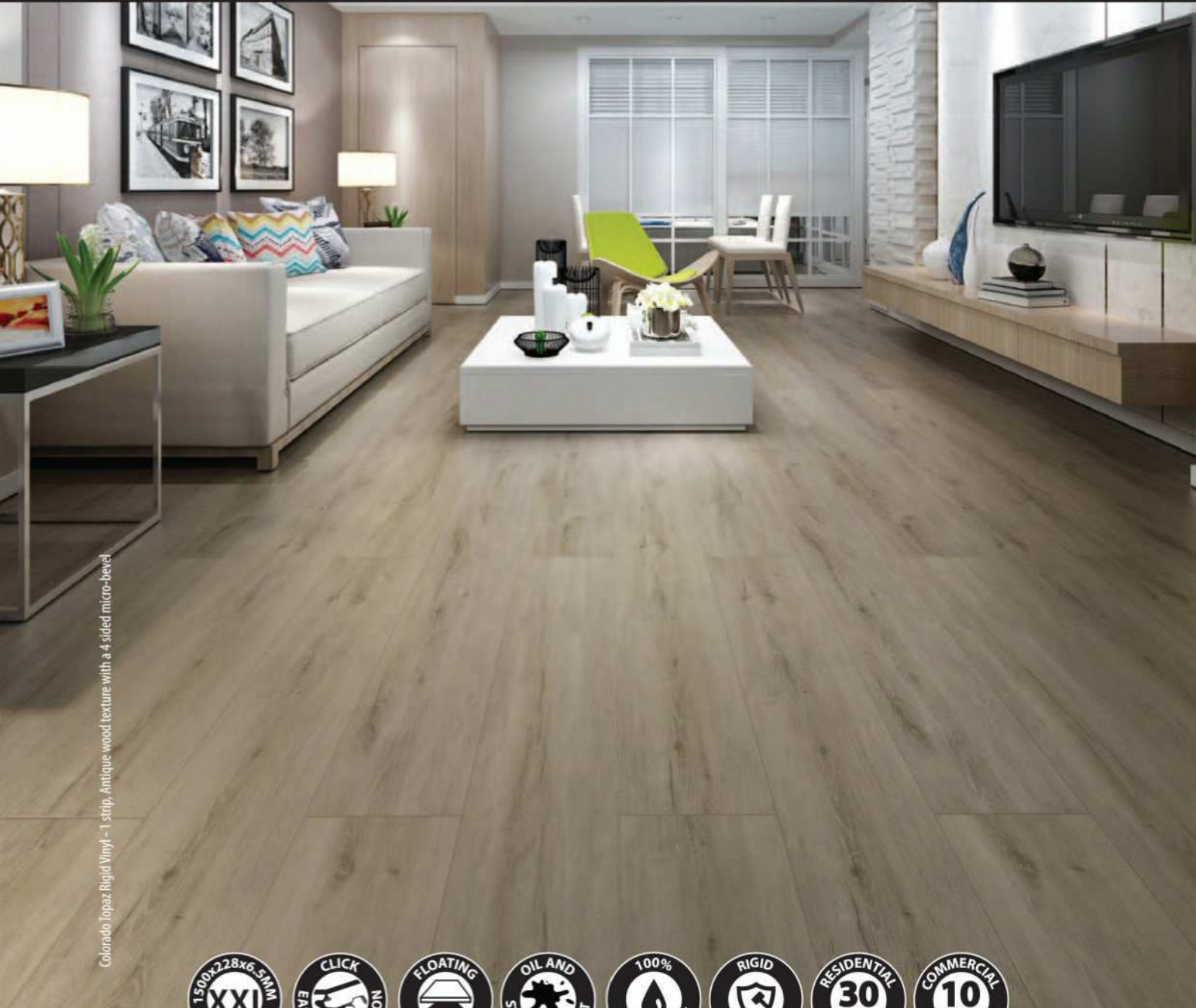
 Enekas.Academy

 [Enekas.Academy](https://www.instagram.com/Enekas.Academy)



DIAMOND CORE SPC

Stone plastic composite, stable vinyl flooring



Colorado Topaz Rigid Vinyl - 1 strip, Antique wood texture with a 4 sided micro-bevel



FINfloor™
total floor solution

100% waterproof, Designed for the South African climate with a stable rigid core. Diamond Core is available from: Inovar Floor, Top Carpets and leading Finfloor suppliers.

0860 346 356 | www.finfloor.co.za



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

Enekas.Academy

Enekas.Academy



VIEW

Noir interiors go bold on texture and form (P15),
and all about designer Rick Owens' *sculptural furniture* (P22),
performance art collective Dear Ribane (P28) and artist, *Patrick Bongoy* (P30)

PHOTOGRAPH: GREG COX / VICE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



TAYLOR ROLLER BLIND COLLECTION

-  GOOD UV CONTROL
-  GLARE & HEAT REDUCTION
-  EASY TO CLEAN
-  FLAME RETARDANT
-  AUTOMATED OR MANUAL
-  ANTIMICROBIAL



Contact us on **0861-1-TAYLOR (829567)**
for an obligation-free quote and expert advice.

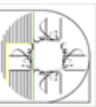
www.taylorblinds.co.za
[@TaylorShutters](https://www.instagram.com/TaylorShutters)   

TAYLOR

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 [Enekas.Academy](https://www.instagram.com/Enekas.Academy)



NOVEL NOIR

Black speaks to black,
with striking basics plus
energetic patterns and
tactile extras for contrast

PRODUCTION AND STYLING
JEANNE BOTES
ART DIRECTION IAN MARTIN
PHOTOGRAPHS GREG COX



CLOCKWISE FROM BOTTOM LEFT
Armani Stripes **rug** from the Round Tibetan range R27 118 (2.5×2.5m), Gonsenhausers Fine Rugs; Line handpainted **mudcloth** by Ndomo R2 800 (2.3×2.4m), Design Afrika; Zed **dining chair** in Black R1 610, Weylandts; Tapered leg **dining table** in solid oak with Dark Charcoal finish R27 600, James Mudge; (on table, from left): Thick Stripe soft **pot** R5 010 and cylinder **vase** R1 500, both by Lisa Firer, Africa Nova; ceramic matt bud **vase** in Black R60, MRP Home; Front Page **magazine rack** in Heavy Black by Front for Kartell R3 755, True Design; mudcloth **cushions** R2 800 each and woven **baskets** in Black R400 (tall) and R370 (short), all Design Afrika.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





THIS PAGE. CLOCKWISE FROM BOTTOM LEFT

White line wool dhurrie **rug** R4 995 (1.7×2.4m), Aluminium Cog **table** R1 820, (on table) clay Pisac Ball **vase** R495 and ceramic Colca **vessel** R995 (large), all Weylandts; Zebra handpainted **mudcloth** R1 450 (1.3×2m) and Line handpainted **mudcloth** R2 800 (2.3×2.4m), both by Ndomo, Design Afrika; E.1027 white American oak **credenza** in Black (0.9×1.6m) R31 950, Douglas & Company; (on credenza, back row, from left) Anglepoise Type 75 **desk lamp** in Jet Black R5 832, Newport Lighting; clay Pisac **vase** in Black R595, clay Chivay **bottle** in Black R595 (medium) and ceramic Colca **vessel** in Black R895 (small), all Weylandts; (on credenza, front row, from left) Maceta **planter** in Black R395, Weylandts; ceramic matt bud **vase** in Black R60, MRP Home; Black **vessel** R149, H&M; Kabuki outdoor **floor lamp** in White by Ferruccio Laviani for Kartell R17 693, True Design.

OPPOSITE PAGE. CLOCKWISE FROM BOTTOM LEFT

Temara **rug** in Obsidian R6 660 (2×2.9m), Haus by Hertex; Zebra handpainted **mudcloth** by Ndomo R1 450 (1.3×2m), Design Afrika; Pilastro **stool** in Black from the 'Kartell goes Sottsass - A Tribute to Memphis' collection for Kartell R5 100, True Design; 'Inside Out' **sculpture** by Martine Jackson R22 000, Robert Sherwood Design; woven **pouffe** in Black R4 450, Design Afrika; Diamond natural fibre 3D **board** painted in Matt Black R329/m², 3D Board; Sunny **chair** in Shadowy from the M'Afrique collection by Tord Boontje for Moroso R17 221, True Design.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی







ABOVE, CLOCKWISE FROM TOP LEFT

Zebra handpainted **mudcloth** by Ndomo R1 450 (1.3×2m), Design Afrika; Cube **sidetable** with top in Vanilla Noir stone and base in black epoxy-coated steel R2 800 (small; 30×60cm), Klooftique; Graphic cylinder **vase** by Lisa Firer R1 810, Africa Nova; clay Pisac Ball **vase** R495, Weylandts; Cube **sidetable** with top in Charcoal MDF and base in black epoxy-coated steel R3 400 (45×45cm), Klooftique; Round **tray** R325 (small) and Tangle **artwork** R995, both Weylandts.

TOP RIGHT, CLOCKWISE FROM LEFT

Diamond natural fibre 3D **board** painted in Matt Black R329/m², 3D Board; Tapered leg **dining table** in solid oak with finish in Dark Charcoal R27 600, James Mudge; small **bowl** in Bronze R325, Weylandts; Al nero di seppia (cuttlefish ink) **spaghetti** R77 (500g), Woolworths; Pompadour Flatware **fork** and **spoon** in Matt Black R1 765 (for 16-piece set), Haus by Hertex; black and white **vase** R299, H&M; Albi timber **trivets** in Black by Country Road R181 each, Woolworths; beaded **placemat** R1 900, Design Afrika; ceramic Blume **spoon** in Black by Country Road R70, Woolworths; porcelain **dinner plate** R50 and **side plate** in Black R30, both H&M; tapas condiment **bowl** in Matt Black by Country Road R60, charcoal square **snacks** R36 (120g), cream **cheese** R39 (250g), **liquorice** R29 (200g), Hawaiian black **salt** R45 (125g), Milu **napkin** by Country Road R251 (set of four), all Woolworths.

RIGHT, CLOCKWISE FROM BOTTOM LEFT

Background: White line wool dhurrie **rug** R4 995 (1.7×2.4m); Maze wool dhurrie **rug** R4 995 (1.7×2.4m); Reversible graphic **throw** R695, Rod pine and Saddlewood Grey steel **ottoman** with seat upholstered in Wakati Matope fabric by Warwick R8 070, all Weylandts; **Books**, stylist's own; Tapas espresso **cup** by Country Road R251 (set of four), Woolworths; Witches Fume teak **stool** in Natural R2 020, Weylandts; black and white **candle** R80, H&M; Stand-up **floor lamp** in Black and White by Estudi Ribaudi for Faro R11 698, Newport Lighting.



FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



CLOCKWISE
FROM BOTTOM LEFT
Temara **rug** in Obsidian R6 660
(2×2.9m), Haus by Hertex; Robot
epoxy-coated mild steel **coat stands**
in Black R2 250 (left) and R2 300
(right), both LIM; Brushstroke
handpainted **mudcloth** by Ndomo
R2 800 (2.3×2.4m), Design Afrika;
Floating **chair** in Black leather
R10 800, Klooftique; Mindi log
stool R3 030 and Maceta **planter**
in Black R395, both Weylandts.



ROUTINELY BRILLIANT

WHAT'S THE POINT OF
AN EVERYDAY ROUTINE?
MULTIMEDIA STORYTELLER
MALIBONGWE TYILO SAYS
HE'S RECENTLY DISCOVERED
THE BENEFITS



just checked on one of those random internet calculators, and counting from the day I was born, this is the 14 430th day of my life. But there are some mildly remarkable things about this particular 24-hour cycle that set it apart from other recent days... so, here goes: I don't watch very many series or movies. My ability to view anything for longer than 10 minutes has almost disappeared over the years as I've become more and more dependent on social media for on-screen entertainment.

But last night, I happened on a Netflix series and couldn't stop until I had seen all eight episodes. I went to bed way after midnight. And that had consequences, because I woke up late this morning and missed my session with my trainer at 6.15am. Sans endorphins to get me into the right mindset, I threw in another dodgy life choice, skipping the egg whites I was supposed to have for breakfast and having a sugar-filled chocolate muffin instead.

It's certainly not the end of the world, and just a few years ago, I wouldn't have even given it much thought, never mind a whole paragraph. I grew up hating routine. Sure, I understood that I would have to wake up every day, that I'd have to take a bath, brush my teeth, go to school, and so on. Those were okay, I had no choice; I could blame my parents for making me go to school every day, just as I reproached them for killing the spontaneity during dinner time by insisting we always sit together as a family instead of eating individually in our bedrooms while watching TV or playing

Super Mario. For years I even hated the fact that my mother made me make the bed every morning. Who was I even making it for, if it didn't bother me?

Naturally, as soon as I left home and was on my own at a very liberal boarding school, I dropped as many of those daily rituals as possible. It took me well into my thirties to get back into regularly making my bed. I've been in two long-term relationships in my life, one for four years in my mid-twenties, and my current one. Both those poor souls have had to deal with my rather petulant refusal to get into the bed-making habit. I wanted spontaneity and unpredictability, to do things only because I felt like them, not because of some prescribed custom.

Fast-forward to just over a decade later, when I find myself upset because a Netflix binge session threw my routine out. And just last week I cancelled on a friend who was supposed to come over for dinner because she was more than an hour late, without much reason. I explained to her that her tardiness meant I would have to stay up past my bedtime, which would compromise my sleep.

When did I become this person? Who put that stick up there? I can't say, but these days, instead of making me fearful of a small and predictable life, my routine is the very thing that allows me to be spontaneous and unpredictable where it truly matters.

It is that unglamorous daily to-do list that helps me achieve my goals; it's in that daily exercise session that I find the vitality and mental focus to hold on to and pursue my dreams. It's that regular post-workout

cup of coffee on my balcony that gives me a moment to survey the day ahead, to taste the unlimited possibilities as I charge up on caffeine. And it's that hour spent learning new skills online every evening, expanding my potential to include previously unpredictable capabilities.

Which is why, come bedtime tonight, my neatly made bed will be just the kind of sanctuary I need to reset and get back on track for day 14 431. [@malibongwe](#)

ANYTHING BUT REGULAR

WATCH AND LEARN

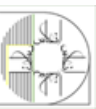
I've mentioned my obsession with YouTube tutorials and online courses before. But in case there's still someone who doesn't know, [lynda.com](#) is an amazing source of digital tutorials that's definitely worth checking out.

TREAT YOURSELF

Do your own research to make sure (full disclosure: I'm not a health professional), but according to some of the latest studies, moderate coffee consumption may have multiple health benefits. Who knew something so good could be... good for you?

ESSENTIAL VIEWING

It won't be everyone's cup of tea, but if you were wondering, the Netflix series that ruined my life for a day is called *The Rain*. The set-up: a viral rain comes down heavily on a Scandinavian town, killing on contact.





K. LIGHT®



The Simplicity of LED Lighting

Code: K-LED3380-108W

DESIGN • SERVICE • QUALITY

Viewing Showrooms Only, K Light Import supplies only to Retailers and not the public directly.

Cape Town: 7 Kunene Circle, Omuramba Business Park, Milnerton, 021 552 4370

Johannesburg: Units 8 & 9, The Arena, Capital Hill Business Park, Halfway House, Midrand, 011 212 1247

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



IN THEIR ELEMENT

Designer Rick Owens is best known for his minimalist clothes and groundbreaking runway shows – but the sculptural furniture he makes with his wife Michèle Lamy has caught the design world’s attention, too

TEXT GARRETH VAN NIEKERK PHOTOGRAPHS SUPPLIED

Minimalism has always found one of its most inspired expressions in the Rick Owens atelier, where near-brutalist design has long been the cornerstone aesthetic. And the US-born, Paris-based designer’s approach has found a new channel in the past eight years: the house’s furniture line, which is designed by Owens and produced by his wife Michèle Lamy.

For the Rick Owens furniture line, enormous planks of petrified wood become beds, moulded concrete formwork is fashioned into sofas, engineered tables are created from black plywood and moose antlers form delicate but sculptural chair backs. It is elemental, sculptural design at its most pared back, a pure but functional response to the clothing and accessories that we see on the runway every season.

Arguably one of the design industry’s few remaining true eccentrics, Lamy spoke with *House and Leisure* from Paris a few weeks after the duo’s new camel skin and foam furniture collection was unveiled at the Milan Furniture Fair. She is 74 years young and lists her occupations as producer, designer and creative. We began by asking about the origins of the Rick Owens furniture brand in 2011.

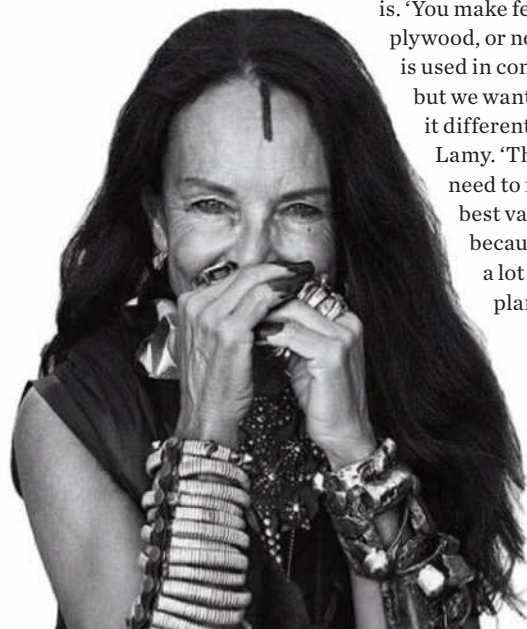
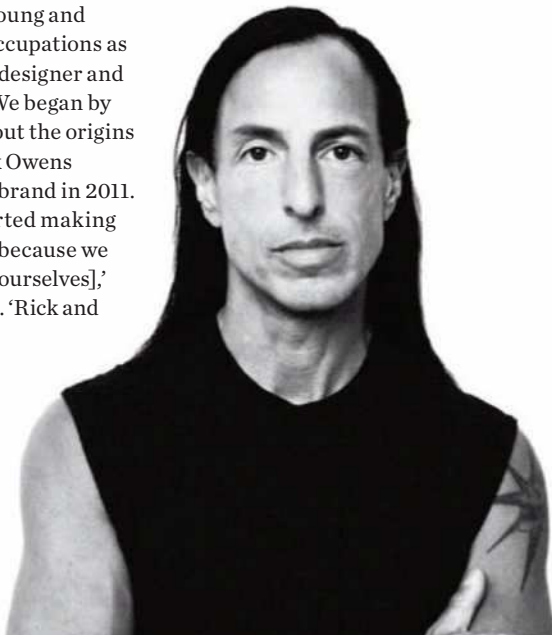
‘We started making furniture because we needed it [ourselves],’ Lamy says. ‘Rick and

I moved into a building in Paris that is five floors up, and people were coming to work there, moving this way and that, always bumping things, and so that is where we started. We looked [around] and asked, “What do we need?”’ Laughing, she adds, ‘We couldn’t only fill our house with [French Mid-Century furniture designer] Jean-Michel Frank’s chairs, you know? So we had to make our own.’

Lamy goes on to explain in detail that you need to ‘feel’ a space to understand what would make it complete. ‘When I design a room, or whole house,’ she says, ‘my first step is to pace and smoke a lot of cigarettes. You need to do that to feel the space. You need to walk around a lot. The way you are going to move in the space is the real start. And then, of course, it is the materials.’

Rick Owens’ furniture is renowned for its use of ultra-luxurious components. ‘Materials are my favourite part. It starts with that – the concept is in the material,’ says Lamy – although the brand began by exploring the use of plywood, which, on the face of it, is one of the most accessible, everyday materials there

is. ‘You make fences with plywood, or normally it is used in construction, but we want to make it different,’ says Lamy. ‘Then you need to find the best variety, because there is a lot of it on this planet, but ▶

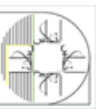


آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



THIS PAGE, CLOCKWISE FROM TOP

With spaces in London, Paris and New York, Carpenters Workshop Gallery (carpentersworkshopgallery.com), stocks key pieces from the Rick Owens furniture line, including the Tomb chair, made from natural plywood and moose antler; the white marble and concrete Totem lamp; an alabaster Half Box chair; the black plywood screen and daybed (bottom); a solid bronze Wall Ogive lamp; this storyboard formed part of the creative process behind Lamy's conceptual pop-up exhibition *Lamyland* at Selfridges' Corner Shop in London earlier this year.



there is only one type that is strong enough for what we needed. So then you research to find the right one for your thing – but the original design concept was the plywood.'

This approach, in which the essence of a material and its form of expression combine to guide the design process, has continued ever since, Lamy says. 'After exploring plywood, if we do something in alabaster, it is the same process. There is a lot of alabaster in the world, but there is a certain kind in Spain that we like – it is pure black. After that, if we do something in marble, we only want marble with no veins, which doesn't look like marble. It is very rare, and expensive, and comes from only one quarry in the world.'

As a kind of 'result' of these painstaking research processes, Owens and Lamy produce furniture pieces that are inspired by the materials themselves as much as they are by notions of use and functionality.

Owens' and Lamy's personalities come through in their work, with an almost punk attitude to objects showing itself strongly in their designs. The point at which to stop designing, Lamy argues, is one of the real challenges of making furniture, particularly in Paris. 'We try to keep it rough, but people don't understand that in Paris. Here people always try to shine things too much... it's exhausting. So that is the tricky part, no? When do you stop?' As a result, Rick Owens' furniture pieces are often left in a deliberately 'unfinished' state, making visible the battle to stop working on a design once it is complete. This is a rigorous approach that the pair, unsurprisingly, have dubbed 'anti-cosy'.

Their philosophy, Lamy adds, is to treat all materials as if they are precious. 'We are doing things with really brutal elements, but they are worked very finely. It could be stone, or pieces of plywood, but treated carefully. That is where Africa, and South Africa, inspires us. You work with what you have. Just good design with regular materials, but you treat it like it is very rare.'

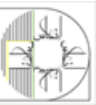
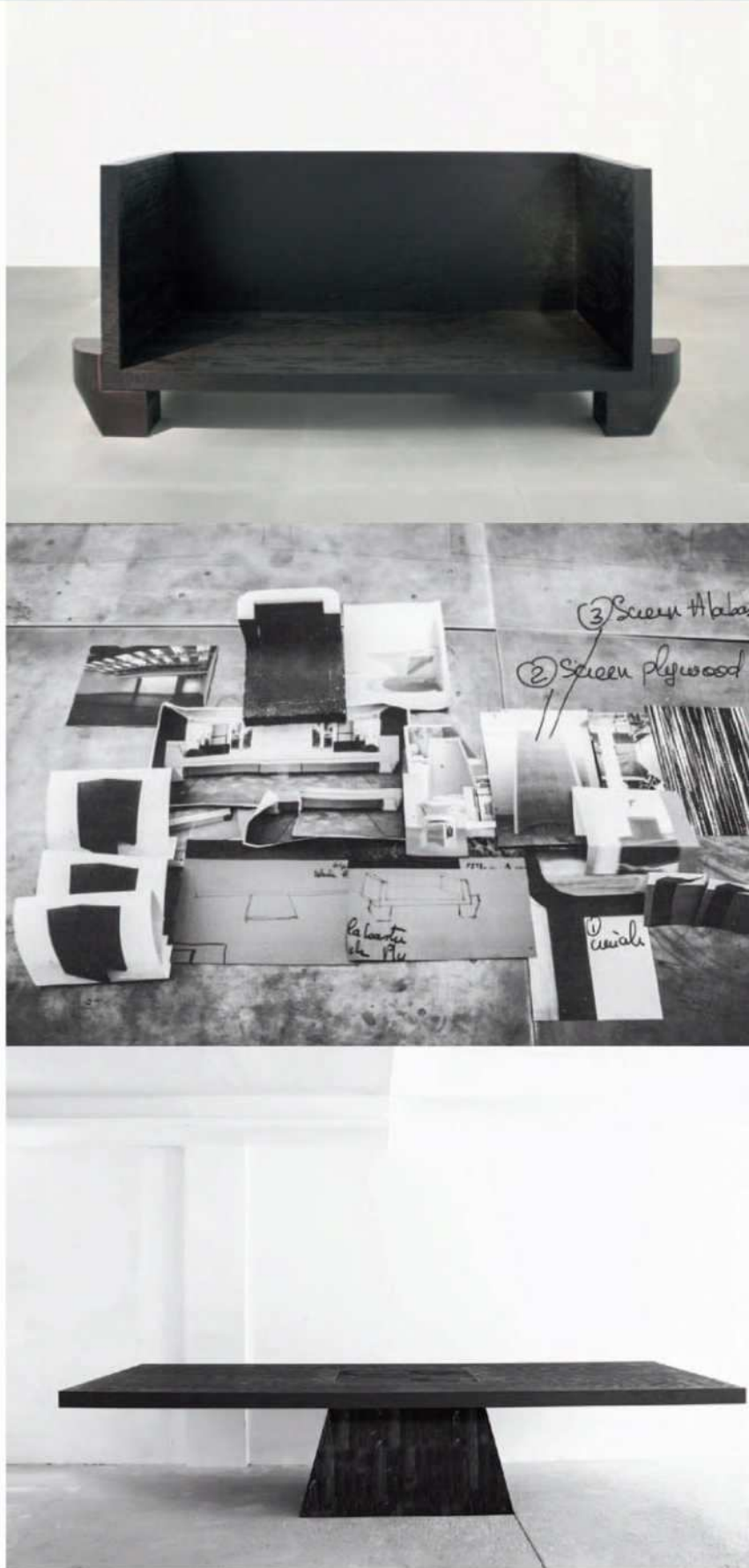
But why make furniture for clients as well as fashion? Fashion and furniture have always existed symbiotically, she explains. 'These two things – fashion and furniture – came together from the start. We needed to live with a few certain things that go with the rest of what we have. Like the way you work, or the way you want to be, or the architecture of the place you are in. At a certain point, they go together.'

Owens' and Lamy's own relationship, and love for each other, also keeps these worlds overlapping and meeting one other, she says. 'I hope everyone sees that it comes from a head that thinks the same way. At the end of the day, we are in it, and the love and fun between Rick and me should be in the objects, in the content.' ◻

rickowens.eu

THIS PAGE

Production moodboards from inside the studio (centre) reveal the experimental approach that the Rick Owens atelier uses to create objects such as the Boudeuse sofa (top) and the Plug table (bottom), both made from petrified wood.





SHIF



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



Generation

THE DREAM CATCHER

KEESHA MOORE
Digital Content Creator

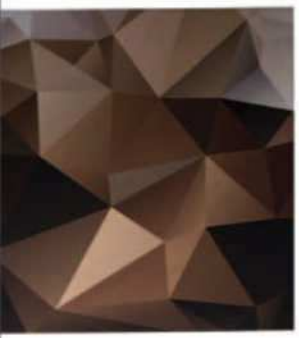
"Content creation is like
capturing dreams and packaging them."

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy





Stormy Wall Art
R1 950 Each



Struis Pendants From R1 000

Accent Tables From R650



Visi Sideboard
R16 000



Maxico Rug R11 500



Saucer Coffee Table R6 500



Recognition Silver
Scatter R1 150



Dining
Chairs
R1 950 Each



Oyster Throw
R1 950



Skull
Candleholder
R1 250

Vases From R250



Burrows Leather Sofa R34 500

define yourself

Here's your chance to win a R25 000 SHF voucher and follow in Keesha's footsteps to be the next face of SHF.

Visit shf.co.za

#shfdefineyourself



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



body of work

DEAR RIBANE

Joburg-based
conceptual
performance
art collective
Dear Ribane
blends *music*,
dance and
graphic design
to create unique
experiences

PRODUCTION GARRETH VAN NIEKERK
PHOTOGRAPH GRAEME WYLLIE

HEADS

Our heads are shields that protect us, and the source of our central creative intelligence. They also connect us, transferring self-belief between all of us in the collective. And the way our hair keeps growing endlessly becomes sculpture, a volume of style that contains our viewpoints.

NOSES

Supplying a connection to the 'source' that improves our power means that our noses supply energy. Inhaling creates the deep relaxation we need and gives us time to 'exhale' the lessons we have learnt from the evolutionary psychologists who inform our work and keep us on track.

MOUTHS

We use our mouths to express our philosophy of non-resistance, which we believe is the key to the greatest power in the universe. Through speaking, we free our creative spirits from their forms, allowing us to create absolute reality of form, and create actual verbal imagery.

HANDS

We hold the power of imagination in our hands. The magic of making has created everything we wear, eat and take shelter in.



EYES

Dear Ribane's eyes can conceive and believe, forcing us to achieve. Just as a muscle grows stronger and stronger with regular exercise, so will our eyes when used imaginatively. They grow bigger and better, receiving information from the world, which has articulated itself in different forms and dimensions.

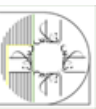
**LEGS**

Moving forward – not backwards – for our responsibilities within the collaboration in making our collective dreams a reality, our legs give us the ability to take a leap of faith to better our vision.

FEET

Our feet give us the ability to balance all forms of execution, so as to counteract a diminished sense of self worth. Being able to withstand all our body weight is a very intelligent thing for our feet to do. And truly feeling our feet is a utilitarian step towards changing our world and how we move within it. ▢

[dearribane](#)



UNDER CONSTRUCTION



Artist *Patrick Bongoy's* work is concerned with the way human beings might *reimagine their relationship* with our shared planet – and with each other

TEXT **BINWE ADEBAYO**
PHOTOGRAPHS **KARL ROGERS,**
EBONY/CURATED GALLERY

activism. 'I believe that as human beings, we have the ability to shape ourselves to become whoever we want to be,' he says.

This sentiment is not a bumper-sticker attitude for Bongoy, but the point of departure for his work. He repeats the phrase 'literal and figurative pollution' throughout his responses to questions, talking about how individuals need to rethink and reimagine their relationships with the Earth and each other. Despite working in a country that is not his homeland, Bongoy doesn't believe that his migration affects his medium or his message – after all, we are all engaged in the struggle for the world. Writing about his Ebony/Curated exhibition in Cape Town last year, art critic Mary Corrigan described this as his 'survivalist ethos'.

'What we pursue in our works can be personal, local and universal [at the same time]... I still see myself as being on a personal mission to expose, mirror and amplify what's happening in our world,' he says. The message rings clear. In one of the works, the petrifying yet playfully named 'Killing Time', it is clear that he is deeply influenced by having to leave his home country to avoid persecution. Like many

For Patrick Bongoy, the zero-waste movement and social consciousness take an unusual form. Creating things from discarded rubber, bound together by hand and curated to make work that is at once gripping and gentle, the Cape Town-based artist is shifting the way art, environment and society come together. Far from his native Democratic Republic of the Congo (DRC), where he obtained two fine arts qualifications, and from which he fled after staging a work of

protest art, Bongoy continues to push the limit of form and function to give his viewers a new perspective on often-recycled themes (pun intended).

At 38 years old, Bongoy is in a liminal space between being well known and still having a long career ahead of him. The nature of his sculptural work requires significant manual labour. Bending, twisting and remoulding his materials, calloused hands are par for the course – and in some ways, speak to his perspective on art, the environment and his visual



of his creations, the work speaks to the heart of violent migration – of people, ideas and the Earth's resources. For the DRC, where the pillaging of natural resources in places like South Kivu province and disenfranchisement of local people has long been on the international news agenda, Bongoy's message couldn't be more urgent.

His sense of consistent crusading reads as earnest and intentional. He is not an environmentalist warrior trying to make a splash, or a disparaging expat with an axe to grind. His mission is simple: excavate information and resources to elevate the viewer's understanding.

This mission takes its next steps in his new body of work, still under (literal) construction. Entitled *Remains*, in Bongoy's words, it 'alludes to what is left behind as legacy, heritage or history'. Not just limiting his interest to human history, the work will speak to the erosion and 'erasure' of Earth and its human societies through the impact of the industrial age. Avoiding the overused 'reuse, reduce, recycle', Bongoy says that *Remains* – and all his work – is instead fiercely concerned with three new Rs: 'remember, resurrect and recreate'.  [patrickbongoy](#)



THIS SPREAD, CLOCKWISE FROM FAR LEFT
Congoese artist Patrick Bongoy tackles the assault on the Earth and its people in his mixed-media installation 'Killing Time', made from fibreglass casts and discarded materials such as recycled rubber and a found wooden log; 'Woven I'; 'The Revenants II'; Patrick Bongoy; Bongoy's recent exhibition *Where Are We? Where Are We Going?* at Cape Town's Ebony/Curated gallery explores themes of migration and the resulting effect on human interaction.



PURE PRESENCE

The all-new Aston Martin Vantage combines a sleek and striking design with all the comforts a discerning driver could ask for

COMPILED BY **JULIET MCGUIRE**
PHOTOGRAPHS SUPPLIED



Cool, smooth, sophisticated – these words have always epitomised the Aston Martin brand. The formidable sports-car dynasty is now poised to woo drivers with the launch of the new Vantage, with which it hopes to begin a fresh chapter for this legendary model.

A car of such status demands a bold and distinctive design language. The reincarnated Vantage is instantly recognisable but is now even more aggressive looking. Its pure, sculptural form creates an athletic, predatory stance and features new headlamps and taillights set to form a dramatic new signature, giving the Vantage unmistakable road presence. The lines are sharp yet fluid and although it exudes Aston Martin appeal, it has its own strong identity.

Apart from continuing the exterior design language, the sports-car cockpit also boasts standard comforts that will make owning the new Vantage a premium dream. As you can imagine, in a vehicle of this calibre, you'll want for nothing: keyless stop/start, a tyre-pressure monitoring system, parking-distance display and park assist with front and rear parking sensors, as well as a 20cm LCD infotainment system with Bluetooth and integrated satellite navigation system.

The dynamic brief for the new Vantage was simple: make it as exciting and engaging as possible without compromising its everyday usability or making it too challenging for drivers of all abilities. At the heart of the car is a 4.0-litre twin-turbo V8 engine, which boasts performance

figures that will get you to 100km/h in just 3.5 seconds and achieves a top speed of 314km/h. Power is sent to the rear wheels via a rear-mounted ZF eight-speed automatic transmission, and the basis of the engine has been provided by Mercedes-AMG as part of the companies' successful ongoing relationship.

Aston Martin president and CEO Dr Andy Palmer says, 'It speaks volumes for the outgoing Vantage that it is the single most successful model in Aston Martin's history. Creating a worthy successor has been a challenge to relish and a huge source of motivation. I'm enormously excited by what we've created: a new Vantage that's more explicit in looks and intent, wrapping

heart-pounding performance and dazzling dynamics into an everyday usable package. A true sports car with a sharper look and keener dynamic edge, the new Vantage is the Aston Martin pure driving machine enthusiasts have been waiting for.' ☺

under the bonnet

Model: Aston Martin Vantage

Engine: 4l twin turbo V8 engine, 375kW, 685Nm, 0-100km/h in 3.5 seconds

Combined fuel consumption: 10.5l/100km

Combined CO₂: 236g/km

Luggage compartment: N/A

Price: from R2.8 million



100%design®

south africa

The largest curated exhibition platform
for sourcing high-end contemporary
design in Africa

Graphic design by Sarah Corynen at Robin Sprong

Organised by

 Reed Exhibitions

 decorex²⁰¹⁸

 Robin Sprong

 PPC

 PLAT
FOR
M

8 - 12 AUGUST 2018

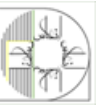
TRADE FOCUSED DAYS 8 & 10 AUGUST

Hall 1, Gallagher Convention Centre

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy

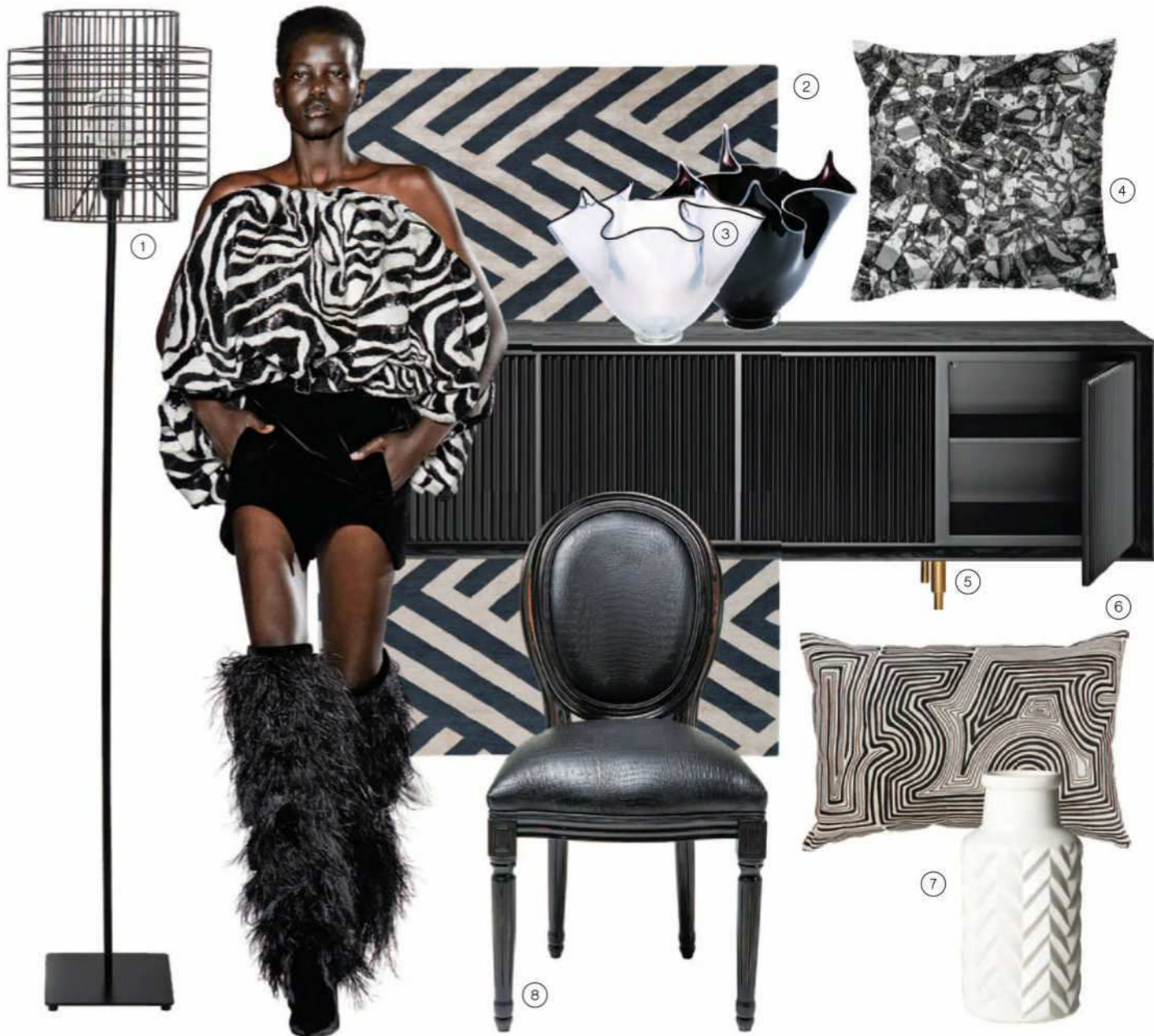


SHADOW PLAY

COMPILED BY ROSALYND WATSON PHOTOGRAPHS SUPPLIED

PATTERN PARADE

Inspired by Anthony Vaccarello's Spring 2018 collection for Paris fashion house Saint Laurent, interiors take on monochrome motifs full tilt: mix a variety of prints, patterns and fabrics in your space – from geometric to the more organic – to achieve a textured, layered effect, with solid pieces to anchor the look.



1. Standing lamp with wire-grid shade on mild-steel base in Black R2 590 (30×170cm), LIM 2. Regalia handknotted Tibetan wool and silk rug by Vivienne Westwood from R65 811 (1.22×1.83m) or R29 477/m², The Rug Company 3. Fleur glass vases in White and Black by David Reade R7 600 each, Okha 4. Cotton GeoGrafik scatter R985 (60×60cm; excludes inner), Clinton Friedman 5. Solid wood Omega V server in Black Duco finish with brass feet R87 016 (0.78×2.2m), Okha 6. Black Abstract scatter R995 (40×60cm), Weylandts 7. Ceramic Jagger vase in White R250 (30cm high; small), SHF 8. Lacquered beech Gastro Louis chair in Black Croco R4 579 (45×91cm), Kare.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 sofa|company.com

Danish design - directly to you

Vera ZAR 12,999,-



Showrooms in Cape Town and Johannesburg

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



SHAPE SHIFT

Embrace your inner '70s hedonist: black and white go wild with bold shapes, glamorous lighting and sleek statement units, tactile add-ons and geometric accents – and materials with a sheen, such as leather or mirrors.



1. Satin China dining-room **unit** in Black by Bina Baitel from R118 990 (10.8×12.3m; excludes delivery), Roche Bobois 2. Aluminium Molten **mirror** in antique highlighted finish R6 995 (71.2×89cm), Weylandts 3. Dear Ingo pendant **light** in Black by Ron Gilad for Moooi R52 800, Weylandts 4. Wool Stripe **rug** in Black and White by Tom Dixon R29 624 (Round; 200cm diameter), Créma Design 5. Moonjelly 2.0 standing **lamp** in Grey Black R27 600, Dokter and Misses 6. Sumo easy **chair** in Black leather R13 051 (80×80cm), Okha 7. Carina Rattan Round **vase** from R1 399 (small), La Grange Interiors 8. The Nest steel-and-tinted-glass **coffee table** in Textured Black R3 950 (39×65cm), Widmer and Co 9. Primal turned timber and brass **candlesticks** with resin base in Black from R1 400 each, Egg Designs.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 sunbrella®

DESIGN + PERFORMANCE™

Design + Performance and Legendary Performance Fabrics are trademarks and Sunbrella is a registered trademark of Sunbrella, Inc.

LEGENDARY PERFORMANCE FABRICS™

SUNBRELLA.COM

FADE PROOF / EASY CARE / BLEACH CLEANABLE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



TEXTURE TALK

Soft romantic meets pared-back luxury: turn to a gentler aesthetic with plush sheepskin, juxtaposed with cool surfaces and angular accessories for added depth and dimension.



1. Primal articulating wall **sconce** in brass and wood with ostrich-egg shade R3 700, Egg Designs 2. (From left) Tisza **vase** in Smoke R795 (medium), Longo **vases** in Smoke R625 (small) and R1 150 (large), all by Dutz, and 3. Coral Wave **pot** from R495 (small), all La Grange Interiors 4. Travertine Podenco **server** R42 000 (0.74x2m), Tonic Design 5. Wilma quilted dining chair in Black R799, @home 6. Stone Nordic table **lamp** in White R595 (100x75mm), Weylandts 7. Sheepskin **throw** in Black R2 750, The South African Sheepskin Co 8. Pedrera floor **lamp** in Matt White by Barba Corsini for Gubi R16 045 (39x113cm), Créma Design 9. Oak Cabana **chair** with long-haired sheepskin cover in Yeti Beige R41 995 (72x87cm), Weylandts

MODEL PHOTOGRAPHS: NICOLAS GALLON, ALESSANDRO LUCIONI/MAXTREE.COM, SUPPLIED BY SAINT LAURENT. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



FURNITURE | ACCESSORIES | INTERIORS

CAPE TOWN | 219 Albert Rd | Woodstock | Tel 021 447 3508
JOHANNESBURG | 69 Kramer Rd | Kramerville | Tel 011 444 5379

www.lagrangeinteriors.co.za

La Grange
INTERIORS

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy





FAIREST FARE
 'WHITE IS LIKE THE "LITTLE BLACK DRESS" OF DECOR,' SAYS DESIGNER NICKI ELLIS FROM LOCAL BOUTIQUE HOMEWARE STORE I LOVE MILO, WHICH HAS JUST LAUNCHED ITS BASIC WHITE CERAMIC RANGE - PERFECT TO MIX AND MATCH WITH THEIR PATTERNED ITEMS.
 LOVEMILO.COM



CLASS ACT

Bringing a sublime array of classical recitals, jazz gigs, ballet performances and art exhibitions to Joburg is the Art on the Hill series at Four Seasons Hotel The Westcliff. The line-up includes jazz band Trio Grande; art talks at Pre View restaurant with artist Stephen Hobbs and gallerist David Krut; and Vivaldi's *Four Seasons*, with Petrus de Beer, Stanislav Angelov and Schalk Joubert performing. artonthehill.co.za

NOTED

COMPILED BY ROBYN ALEXANDER, GARRETH VAN NIEKERK
 PHOTOGRAPHS ADEL FERREIRA, KOOS GROENEWALD,
 OSCAR GUTIERREZ, ELSA YOUNG, SUPPLIED



SIMPLE SOLUTION

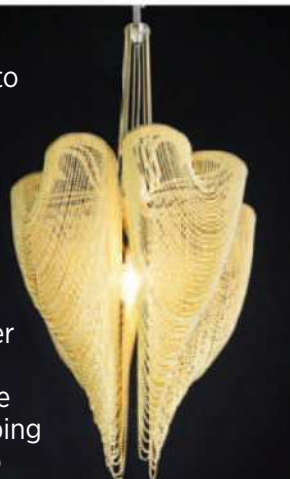
DESIGNER HALDANE MARTIN'S SIMPLY COLLECTION IS ALL ABOUT TAKING EXISTING FURNITURE TYPOLOGIES AND MANUFACTURING TECHNIQUES, AND EVOLVING THEM TO CREATE WELL-CONSIDERED PIECES MADE IN SA THAT ARE COMFORTABLE, ECONOMICAL AND ECO-FRIENDLY. SIM-PLY CHAIRS ARE AVAILABLE IN BESPOKE FINISHES, AND A VARIETY OF TABLES IS IN THE OFFING, TOO.
 HALDANEMARTIN.CO.ZA

TOUCHY FEELY

With subtle surface motifs and loads of tactile appeal, the Influence fabric range takes inspiration from traditional Congolese Kuba raffia cloth. It's also suitable for high-traffic areas and includes a sumptuous washable Belgium velvet. Choose from shades of green, blue, mustard, charcoal or rust.
hertex.co.za

A NEW LEAF

Using ball chains affixed to laser-cut steel frames, Adam Hoets of award-winning lighting firm Willowlamp has translated a four-leaf clover design into three voluptuous Love Clovers pendants and a chandelier (right). They feature all the romantic drama of the brand's more show-stopping pieces, but are created to suit smaller spaces.
willowlamp.com

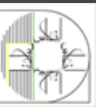


special tribute

Created as a homage to aromatic Namibian myrrh resin, this handblended fragrance is our new winter favourite

Johannesburg-based artisanal perfumer Saint d'Ici's Myrrha Ambrata scent blends South African clary sage, Namibian myrrh resin, local pine needles and dried Egyptian jasmine to create a sensory journey back into the perfume's sources of origin. It is sweet, woody and powdery, with coniferous top notes that transition into an ambery, musky base via a creamy wooded heart: a wonderful tribute to the beautiful Namibian myrrh resin – or *omumbiri*, as it's known by the Himba of Namibia – that inspired its creation.

R1 500 (30ML PARFUM), SAINTDICI.COM





ON THE HUNT FOR SOME FINISHING TOUCHES FOR YOUR SPACE? A CHARMING DECOR STORE IN THE CAPE QUARTER, LUCKY FITSCH, WILL LIKELY HAVE JUST WHAT YOU'RE LOOKING FOR, WITH EVERYTHING FROM FURNITURE AND LINEN TO BATHROOM EXTRAS AND LOCAL FINE ART. CNR DIXON AND SOMERSET RDS, DE WATERKANT, CAPE TOWN, 083-775-7344, LUCKY-FITSCH.COM



MOOI, NÊ?
 FOR YEARS, DUTCH BRAND MOOI HAS INSPIRED THE WORLD WITH ITS CREATIONS, AND CAN NOW BE FOUND IN SA EXCLUSIVELY VIA HOMEWARE AND FURNITURE RETAILER WEYLANDTS. 'THE MOOOI RANGE OFFERS SIGNATURE LIGHTING, FURNITURE, CARPETS AND ACCESSORIES THAT ENCAPSULATE DRAMA, LUXURY AND HIGH DESIGN,' SAYS WEYLANDTS FOUNDER CHRIS WEYLANDT. FIND MOOOI AT WEYLANDTS GREEN POINT, FOURWAYS, KRAMERVILLE, UMHLANGA AND SANDTON CITY, AND ONLINE AT WEYLANDTS.CO.ZA.



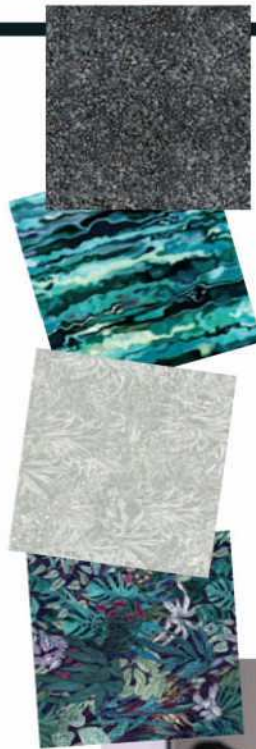
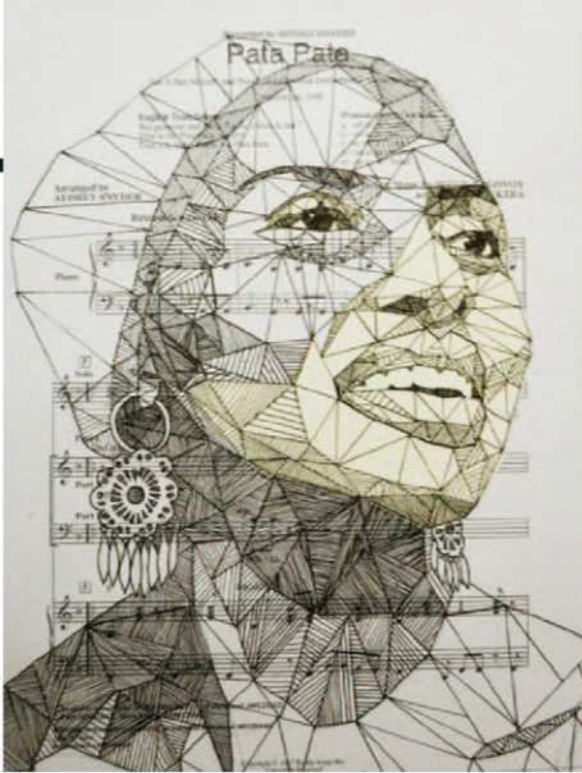
MORAL FIBRE MADE BY LOCAL WEAVERS MUNGO AT THEIR MILL IN PLETTENBERG BAY, THE BEAUTIFULLY THICK AND ROBUST JUNO THROW IS MADE FROM PURE COTTON, WITH A BOLD AND INTRICATE DESIGN THAT'S A CONTEMPORARY TAKE ON 18TH-CENTURY COVERLET PATTERNS. AN IDEAL COLD-WEATHER COMPANION, IT COMES IN FIVE RICH COLOURS: CHARCOAL, IMPERIAL (A LUXURIOUS PURPLE), MUSTARD, GREY AND FRENCH NAVY. MUNGO.CO.ZA



LIGHT RELIEF

Otherworldly yet adorable, the new Moonjelly 2.0 range of lights by Joburg-based design duo Dokter and Misses is available in both hanging and standing versions. These irresistibly appealing lights blur the line between function and sculpture, with their Dalí-esque glass shades blown from recycled glass by the experts at Ngwenya Glass in eSwatini. dokterandmisses.com





JUNGLE LUXE

The work of Nicole Levenberg of Aureum Design, the Tanglewood collection of fabrics and wallpapers combines opulence with tropical influences. While studying textile design at Central St Martins in London, Levenberg discovered the wonders of the exotic greenhouses at Kew Gardens, and her resulting affinity for lush lines and finely detailed texture comes through clearly in this contribution.
tandco.co.za

CREATIVE REFLECTION

Since its launch in 2013, the Turbine Art Fair has become a much-loved fixture on Joburg's annual arts calendar, and this year has partnered with a new headline sponsor, Rand Merchant Bank (RMB). A wide-ranging cultural experience offering fine art, artisanal food and drinks, music and interactive talks, the event differentiates itself from other art fairs through its accessible pricing strategy, with the selling prices of artworks on show generally ranging from R1 000 to R50 000. Special projects for 2018 include a show of still-life paintings by Irma Stern – one of South Africa's bestselling artists on the secondary market – that has been curated by art auctioneers Strauss & Co, as well as *Home/Land*, an exhibition of graduate work, and Talent Unlocked by RMB, which focuses on work by emerging artists. The RMB Turbine Art Fair takes place on 12–15 July at Turbine Hall, Newtown, Johannesburg. For more information and to buy tickets, visit turbineartfair.co.za.
Pictured: 'Miriam Makeba' by Sarah-Kate Meyer from Social Media Art Gallery.



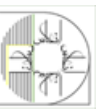
BEAU MONDE

Beau Beau is a collaboration between two creative friends: fashion designer Paige Sher of Paige Smith and designer-artist Jana Hamman (one half of the creative studio Jana+Kooos). Sher and Hamman originally started the brand for themselves, having always shared an appreciation for a basic yet considered, well-made, all-black wardrobe with a strong silhouette.
beaubeau.co.za



THE RUG COMPANY'S COLLABORATION WITH SCOTTISH FASHION DESIGNER CHRISTOPHER KANE DISPLAYS FRESH TAKES ON A COUPLE OF KANE'S ICONIC MOTIFS. THE SUPREMELY ELEGANT FILIGREE RUG (LEFT) IS CHARACTERISED BY INTERLOCKING, GRAPHIC PATTERNS WITH SINUOUS LINES THAT GIVE THE IMPRESSION OF MOVEMENT AND FLUIDITY. THERUGCOMPANY.COM

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



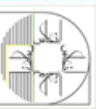
want

STELLAR DESIGN

World-renowned British designer Lee Broom revealed Lens Flair, the latest instalment of his Observatory lighting collection, at NYCxDESIGN in New York in May this year. Inspired by telescopic lenses, Lens Flair seamlessly combines the solid and the transparent. A detailed cross-cut lens emits a soft, deflected light, which is juxtaposed by a solid contemporary casing in Matt Black (pictured) or Brushed Brass. Hang the pendant light versions in multiples to create a bold statement, or for stylish surface illumination, there's a table lamp, too.

LEEBROOM.COM,

CREMADESIGN.CO.ZA





Whether you choose wood or aluminium Swartland is the right choice.

Now your home can have the best of both worlds, the warmth and beauty of wood, combined with the hassle-free convenience of aluminium. Choose from our wooden brands, Cape Culture, Winsters and Kayo, which are all made from the finest hardwood. Or Kenzo, our extensive range of aluminium windows and doors, the newest addition to the Swartland family. For peace of mind all our products come with the renowned Swartland manufacturing excellence, national sales-force and quality guarantee certificates.



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy





**SECURITY TO PROTECT YOUR HOME.
AS WELL AS YOUR VIEWS.**

Trellidor has a wide range of lifestyle products, designed to provide proven strength without compromising aesthetics.

From Rollerstyle to Security Shutter, you're sure to find a product that's perfect for protecting your most valued possessions, as well as your views.

Visit www.trellidor.co.za to contact a consultant today.

TRELLIDOR
THE ULTIMATE CRIME BARRIER

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



HOMES

Inside a *modern cabin in Elgin* (P48), a sensitively renovated *Joburg duplex* (P56), a *rakishly angled residence in Camps Bay* (P64), a *light-filled haven in Cape Town* (P72) and an *inspired Umhlanga abode* (P80)



PHOTOGRAPH: GREG COX

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



CABIN



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



FEVER

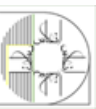
Among the *apple orchards* of the Elgin Valley, this contemporary take on a traditional *barn structure* makes for a simple, inspiring weekend getaway for a Cape Town family

TEXT GRAHAM WOOD STYLING SVEN ALBERDING PHOTOGRAPHS GREG COX/BUREAUX



THIS PAGE
The co-owner of Old Mac Daddy farm lodge in Elgin Valley outside Cape Town, Jody Aufrichtig, built his private family holiday retreat on the banks of the farm's dam. Its simple, contemporary barn shape, designed by architect Greg Scott, is right at home in the surrounding orchards and vineyards, mountains and nature reserves.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



T

he Elgin Valley is the apple-growing centre of South Africa. Filled with orchards as well as cool-climate vineyards, the valley is surrounded by mountains and nature reserves, including the protected Kogelberg Biosphere. It's also less than an hour's drive from Cape Town, which makes it the ideal weekend escape from the city. That's why hotelier and entrepreneur Jody Aufrichtig chose it for his delightfully eccentric farm lodge, the Old Mac Daddy, where the rooms are

luxuriously and creatively converted vintage Airstream trailers.

In fact, it seemed so perfect that there came a point at which Jody and his family – his wife Deirdre and their four children, Mina Mai, Jai, Sophie and Luca – thought they should build a holiday retreat there, but a private spot that they could make their own.

Architect Greg Scott and his team had worked with Jody on various projects over the years (Scott had designed the main barn-like venue at the resort that includes a restaurant, pool and space for events), so the Aufrichtigs began discussing their idea for a weekend bolthole with him.

They'd earmarked a beautiful spot near the farm dam on the property, backing onto an orchard, with views over the water and the valley beyond. 'I wanted to be near water, because the birdlife is incredible,' says Jody. 'Early in the morning, I watch the ducks landing on the dam. It's just lovely.' He and the kids enjoy swimming and canoeing across the dam, too, so the idea of having a house 'right on top of the water' appealed enormously to the family. The site they chose faces west, so in the evenings there are beautiful sunsets over the water as the sun dips behind the distant mountains.

Scott had already explored a contemporary barn aesthetic at the main lodge building, and was keen to reinterpret and extend the idea for a holiday house. 'It's a very pure architectural form, and if you can stay true to it, put some beautiful punctures and apertures in it, and open up the ends, it's an amazing way of building, says Scott. 'And it obviously relates very well to its context,' he adds. A barn shape, inevitably, looks right at home in an orchard.

Barns also make for simple, practical construction – especially in rural areas such as Elgin, where you'd want to disturb the landscape as little as possible. 'The steel portal frame is made off site and can be erected quickly,' says Scott. So essentially, that's what his team did: popped up a steel frame, enclosed it, and clad it in corrugated roof sheeting, layering in modern systems such as solar power to keep the creature comforts sustainable and its ecological footprint small.

The interior is almost entirely 'skinned', as Scott puts it, in spruce. Its pale timber walls and pitched ceilings follow the building's exterior silhouette with simplified, clean lines so you can 'read' the barn shape from inside, too. The furnishings, lights and even the pots and pans were to be black. 'We thought we'd have some fun in the bathrooms: they are predominantly stone with a series of white finishes,' he says. The stone was harvested from the site, and the rough, raw-textured finish stands in contrast to the refinement of the living and bedroom areas.

When it came to the positioning of the windows, Scott was restrained. 'We did very few openings on the sides, but they were very considered and composed,' he says. They've been placed to frame views and create 'a slightly irregular spread of light' throughout the interiors. They are set in deep wooden recesses so that a person can fit right inside them, like a window seat or a little pod off the living area, where it feels as if you're inside and outside at the same time. 'You can imagine sitting there and having a little siesta or reading a book while the kids build puzzles or play with Lego,' says Scott. ▶





THIS PAGE
Light, low-slung designs predominate in the open-plan living space – such as the custom-made sofas by Scott and his team, which feature spruce bases to match the rest of the home. The coffee table and steel circular tripod table are from Weylandts (weylandts.co.za), and cork Low Stools from the Corkabitation range by Wiid Design (wiiddesign.co.za) accompany a pair of chairs from Block & Chisel (blockandchisel.co.za).

OPPOSITE PAGE.
FROM TOP
From the abode's front end, the stylised silhouette of its contemporary barn aesthetic is evident. A blackened-wood pergola-style structure shelters the outdoor entertainment area and its semi-permeable form breaks up the building's mass visually, subtly integrating it with its setting. The mirrored wall behind the kitchen creates the illusion that you can see through to the other side, and brings light and views into the middle of the house; most of the ambient illumination (vertical strip lights) has been integrated into the walls, making space for Tool Piccola suspension lamps in Black by Diesel with Foscarini (available locally at Créma Design (cremadesign.co.za)). In the dining area, the Riempe chairs are by James Mudge (jamesmudge.co.za) and the Spin Table candelabra by Tom Dixon is also from





While the views might be carefully edited along the length of the house, they're 'sucked in', as Scott puts it, and 'bounced around' the living room by a huge, mirrored wall. 'It makes the house feel a lot bigger than it is.' This makes it possible, he says, to sit indoors with your back to the garden and yet see what's behind you. 'It really is an interesting game that you get to play with space.'

Apart from playfully blurring the distinction between inside and out, the mirror also underlines the point that the house is ultimately outward-looking. In fact, as Jody says, it's deliberately small not just to simplify and declutter, but also because the family's weekend and holiday breaks in Elgin are about being outdoors. Jody's favourite spot is the outside entertainment area. 'We have a gas and a wood braai. I braai every night, I think. It's not about the food for me; it's about standing around the fire.'

As the transitional zone between indoors and outdoors, the outside entertainment area called for a creative response that would allow the functional, engineered language of the barn shape 'to blend and knit and mesh' with its setting. His response was a blackened timber pergola structure that extended the lines of the building to break up its mass visually as well as act as a screen against the sun and wind. Inspiration came when they realised that to prevent the long runs of timber from warping and twisting, they'd have to pack the gaps with stabilising wooden blocks. 'Instead of having the [timber spacers] all in the same place, we scattered them randomly, Scott explains. 'The idea is to create filtered, mottled light, so that it feels like you're under a canopy of trees.' At the same time, he says, it is where the strong industrial-engineered architectural forms dissolve and disaggregate into something that's a little bit more organic and natural.

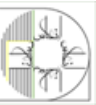
Scott and his team were largely responsible for the interiors of the home, too. They designed a number of the furnishings and finishings and had them custom made, including the steel-fronted kitchen, wooden couches and bed units, and the free-standing bathroom units and mirrors. But they also helped source furniture to complement the timber-skinned envelope with a 'fairly slick, minimal, stripped-down' palette that balances timber with black and dark finishes. For coherence and consistency, the bespoke pieces were all made by the contractor who did the spruce interiors.

Likewise, the black furnishings bring continuity to the rooms. 'I think black offers massive opportunities from a design point of view,' says Scott. 'It's a wonderful way to sew spaces and objects and elements together.' He likes the way black gives each piece of furniture an identity without being 'busy', which is an asset in a small space.

But that's not to say that black is dull or uniform: Scott has found some poetic ways to humanise the somewhat industrial materials. The kitchen counter, for example, is a specially blackened brass, treated with heat to darken its surface. 'It weathers and oxidises over time, so it develops a patina, almost as a character with a story of its own,' he says, 'but underpins the industrial aesthetic that we were working with.'

Although the palette is carefully controlled, there's an energy and dynamism introduced by the asymmetrical arrangement of the interior furnishings. 'I abhor symmetry,' says Scott, 'so you'll see nothing is in the middle of anything, nothing is mirrored, nothing is repeated.' At the same time, the predominantly strong, angular, masculine forms are offset with the occasional circular element, such as a table.

This kind of simplicity suits Jody perfectly. He vehemently believes that part of the clarity and sense of peace, perspective and creative freedom that his visits to Elgin offer him has to do with the eschewal of clutter. 'I don't want things,' he says. 'I don't have technology around the place. It's simple, there's no clutter, and actually, I'm much happier. People seem to walk into the place and smile, for some reason, and that's the foundation for me.' [scott.partners](#)





THIS PAGE
Like the rest of the furnishings and fittings, the kitchen is black with a permeable design and slim, refined lines and materials. The countertop of blackened brass has been heat treated to attain a specific level of blackness and extends to become the dining surface. Overhead lighting is provided by a black strip pendant light from Spazio (shop.spazio.co.za).

OPPOSITE PAGE.
FROM TOP
In the passage leading from the living area towards the bedrooms and bathrooms, you get a good sense of the 'slightly irregular spread of light' in the interiors that Scott aimed to achieve with the edited distribution of windows along the length of the house; the landscape surrounding the building has been planted with indigenous fynbos to integrate it with its beautiful natural setting, and extend its dialogue with the rare and unique biospheres nearby. Jody finds peace and clarity while watching the ducks land on the water in the early mornings.





آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



'Black offers massive opportunities from a design point of view. It's a wonderful way to sew spaces and objects and elements together.'

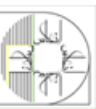


THIS PAGE

In the main bedroom, the bespoke bed unit was designed by Scott. A trio of artworks entitled 'Other Side of the Mountain' by Rose Mudge hangs above the bed, which is clad in linen from Mungo (mungo.co.za).

**OPPOSITE PAGE .
CLOCKWISE FROM
TOP LEFT**

Scott also designed the beds in the children's rooms. The steel ladder in the foreground leads up to an additional sleeping area in the loft, much favoured by the kids; the bathrooms make a playful contrast with the refinement of the living areas and bedrooms, with stone walls built from rocks salvaged on the site; a wooden staircase leads to a private jetty on the dam where the family likes to canoe and swim; Scott introduced a circular motif in the freestanding wash units to contrast with the home's angular



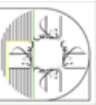
MODERN MINIMAL

A sensitive renovation has turned a Joburg duplex into a serene suburban escape

TEXT TESS PATERSON PHOTOGRAPHS ELSA YOUNG

THIS SPREAD, FROM LEFT

Modern monochrome reigns supreme in this timeless Johannesburg townhouse in Walkways, Craighall Park. In a corner of the dressing room, a moody vignette of reflective surfaces features a high-gloss Duco E-unit in Meteor Blue, ornate gold mirror and large ceramic vase, all by Mia Widlake of Studio19 (studio19.co), and the owner's metal stool; graphic lines come together in the kitchen-cum-dining area, with the black stairwell forming an ideal backdrop for a painting by local artist Gawie Joubert. A Loft Spider pendant light from Eleven Past (elevenpast.co.za) is suspended above the granite countertop from Union Tiles (uniontiles.co.za).





A

s far as townhouse complexes go, few can be more sought after than Walkways in Joburg's Craighall Park. Designed by the iconic South African architect Michael Sutton and completed in the late 1970s, this suburban gem defies any retro pigeonholing, remaining resolutely timeless in the way of a genuine classic.

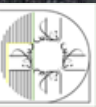
Interiors can be far less enduring, though, often seeming almost date-stamped with the trappings of a particular era. When the owner first saw this unit – a heady clash of terracotta tiles and blue paint – she knew that a substantial amount of work was in store. 'At the time, I lived nearby and had always loved this complex. It is ahead of its time, and has set the benchmark for urban living. The challenge was definitely the interior, which was pure '70s, plus decades of wear and tear. Fortunately, I had a very clear vision of what I wanted, so I put in a cheeky offer and moved in two months later,' she says.

A long-time follower of Studio19's work, the owner asked designers Mia Widlake and Debbie Votin to oversee the entire renovation. 'My style has always been contemporary; I like clean lines and spaciousness, and I knew that the team would go all out to achieve that.' Describing the project as a 'complete and utter overhaul', the owner moved out while the interior was gutted and pared back to its shell. 'The original footprint was quite closed off,' says Votin. ▶



THIS SPREAD

The uncluttered kitchen area adds to the sense of calm, with wall-mounted lamps from Superbalist (superbalist.com) illuminating the owner's artworks and a marble clock against the accent wall. A patterned rug from Anthropologie (anthropologie.com) reprises the countertop, atop which rests a mottled bronze tray and glassware, also from Studio19.





Together with the simple galley kitchen, the many bespoke furnishings and touches of granite and marble, the result is a bit like a sleek Milanese apartment.



THIS SPREAD, CLOCKWISE FROM BELOW Under the stairs, a Smith chair and Leather Top table from Studio19 constitute a quiet nook, together with a cork Low Stool from the Corkabitation range by Wiid Design (wiiddesign.co.za); the home's original, closed-off footprint gave way to a generous, open-plan living area that flows towards a private walled garden, with alfresco seating including a pair of Smith chairs. Inside, custom-woven string lamps, also from Studio19, hang above the L-shaped sofa and sidetable (brought in from the owner's previous home), with a throw from Anthropologie adding a soft touch to the aesthetic; an eye-catching mixed-media artwork by local abstract painter Paul Seynol from Salon91 (salon91.co.za) serves as a focal point behind the bespoke marble-topped dining table and twin City dining chairs, all by Studio19.

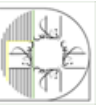
'Free of internal walls, the area is now one large, fluid space that has a fantastic indoor-outdoor connection,' says designer Debbie Votin.

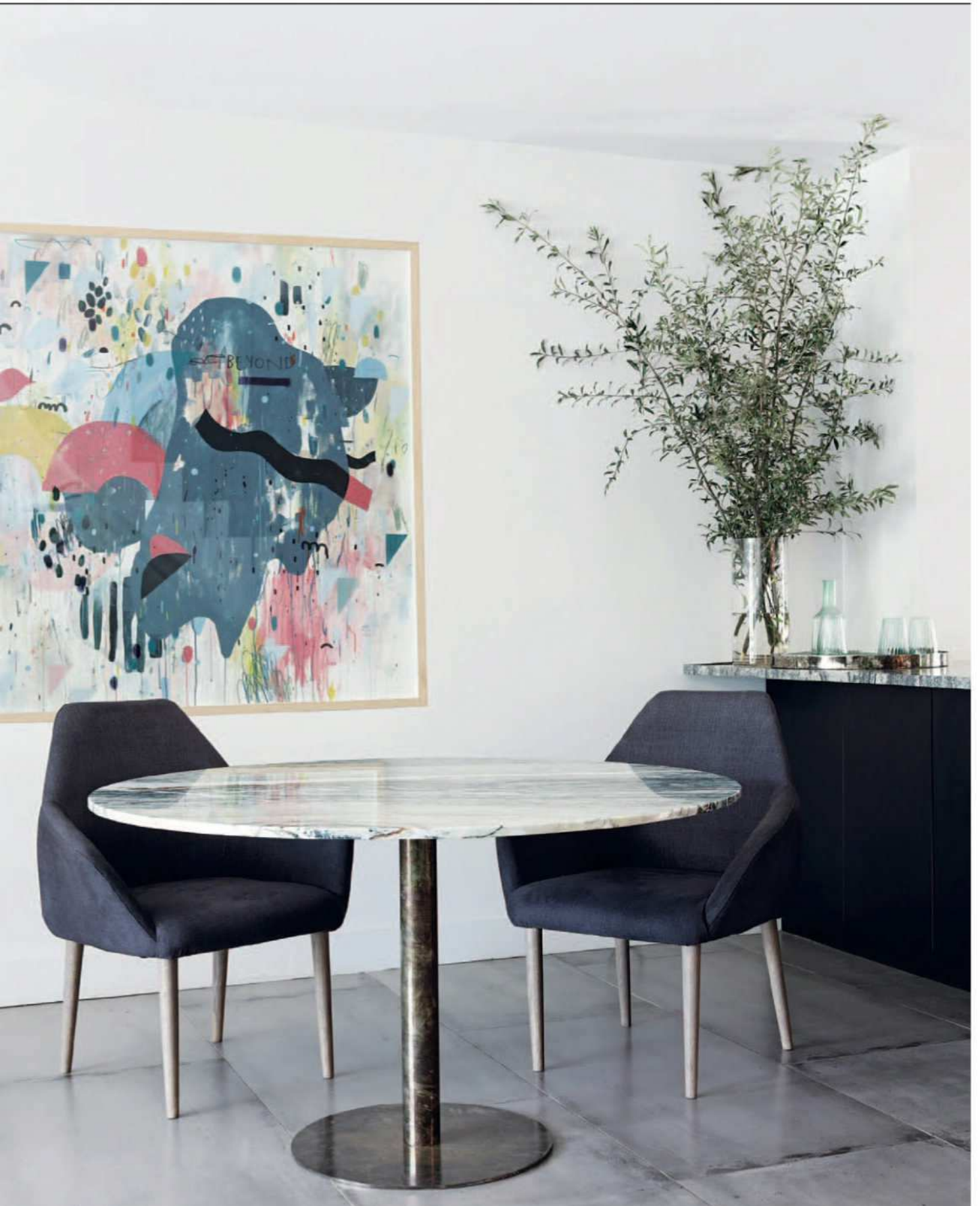


'There was a separate kitchen and dining room, and the staircase was concealed behind a wall.' On the plus side, a generous ground floor yielded sufficient space for a new open-plan layout: a roomy kitchen, dining and living space now flow towards a private walled garden. 'We opened the whole space out, extending the kitchen southwards and the patio northwards,' Votin explains. 'Free of internal walls, it's now one large, fluid space that has a fantastic indoor-outdoor connection.'

Upstairs revealed a combination of three small, dark bedrooms and two bathrooms. 'The original bathrooms were placed on either side of a light channel, so while they were well lit, there was very little light anywhere else,' says Votin. Retaining the existing clerestory windows, the team created an enormous bedroom suite, adding a single spacious bathroom to one side. Morning light now floods into the space, providing the sense of airy openness that the owner craves. Dividing the two areas is a generous study, its curated gallery walls reflecting her love of art.

Mindful of the building's unfussy aesthetic, the owner envisioned a clean-lined home that complemented the exterior architecture. ▶





‘It’s also very much about a feeling of calm, a sense of flow that draws you towards the outdoors,’ she says. ‘My working hours are spent in a high-pressure corporate environment. It’s stimulus overdrive, and when I get home, I need an atmosphere of peace and serenity.’

The understated palette of pale greys and charcoal add substantially to the stillness. Throughout the ground floor, ceramic tiles have the look of cool, pewter-toned stone; muted rugs add texture and delicate, restrained pattern. Accent walls appear inky black or grey-green, depending on the light. Together with the simple galley kitchen, the many bespoke furnishings and touches of granite and marble, the result is a bit like a sleek Milanese apartment, albeit with rather more space.

This new, unfettered flow has provided sufficient room for the owner to practise yoga and meditation. It’s also ideal for entertaining, with plenty of seating inside and out. ‘I love having friends over. We open up the patio doors and it becomes one wonderful integrated space,’ she says. But it’s the upstairs suite, with its light-filled sense of luxe, that is her true sanctuary. ‘I can really breathe up here and it’s where I go into a more creative space. It’s personal, peaceful and very much “home”.’ studio19.co



THIS PAGE, CLOCKWISE FROM TOP
A spiky urchin sculpture from Spaces and Places (spacesandplaces.co.za) lends an element of whimsy to a mottled bronze tray and contemporary Pill ottoman by Studio19; in the bedroom, the ombre wallpaper, headboard and bed base were all designed by Widlake, with a Studio19 Shady Butler lamp alongside; a pink throw from Anthropologie adds a subtle hint of colour to a Studio19 Legs 11 chair.





THIS PAGE

Black Subway tiles from Tiletoria (tiletoria.co.za) form a dramatic herringbone-patterned background in the bathroom, which features Studio 19's steel-and-oak Tension shelving unit next to a spacious tub from Dado (dado.co.za), as well as a couple of Firefly lights above the mirrors, also from Studio19.



ANGLE POISE

This *bold and sculptural* alteration in Cape Town is a masterclass in the richness, *warmth and sensuality* of a dark colour palette

TEXT GRAHAM WOOD STYLING SVEN ALBERDING PHOTOGRAPHS GREG COX/BUREAUX

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

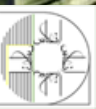
 Enekas.Academy

 Enekas.Academy



THIS SPREAD

Seen from the road, this Camps Bay residence in Cape Town kicks out at an angle of 45 degrees, an orientation inherited from the original Arts and Crafts-style structure whose walls and foundations are the basis for its dramatic alteration. The newly built off-street garages – and neighbouring houses – are all parallel to the street, which heightens the dynamism of the angle. Architect Greg Scott and the owner agree that the choice of black for the facade gives the house a strong identity and presence, and bestows a sense of warmth and richness. Greenery from the garden and planters that integrate with the architecture provide a lively contrast to the dark backdrop.



A

Angled at a rakish 45 degrees in one of the leafier corners of Camps Bay, Cape Town, is a home that looks out in a different direction to the rest. The drama of the abode's non-conformist geometry is emphasised by its dark, almost black facade. That said, it's anything but a reactionary rebel. Rather than being forbidding, the house imparts a sense of warmth, offsetting the verdance in and around it in a way that makes it seem somehow elemental – like an abstracted part of its surrounds.

Until recently, this bold addition to the suburban landscape existed in an altogether different incarnation: it was an Art and Crafts-style bungalow. The owner lived in the building as it was for six years before making substantial changes – just 'feeling it out', as he puts it, and enjoying the setting. 'We loved the greenness and leafiness of the site,' he says.

It might not have had the panoramic sea and mountain perspectives typically sought after in the area, but the property was nestled in a relatively sheltered corner of the suburb, just 12 minutes' walk from the seashore. 'We have a lot of greenery around us, unlike most of the rest of Camps Bay, where it's quite hard and stark,' says the owner. And it had lovely vistas. You can see parts of the beach and the cable car station on Table Mountain, 'and we've got wonderful views on the Hout Bay side, all the way towards the Twelve Apostles,' he adds.

When the time came to make an alteration, the owner turned to architect Greg Scott. 'You could understand the orientation,' says Scott. The original house was angled to catch more of the northern light, and to protect itself from the harsh sun in the west.

So, while the house in its present incarnation is almost unrecognisable, its unconventional stance was already there, and worth keeping. 'Interestingly, that unusual orientation set up a lot of the new building's current geometry,' says Scott. 'It created many of the interesting angles, and a lot of lovely front and back spaces around the house.' ▽





THIS SPREAD

In the open-plan living area, a monochrome scheme and uncluttered arrangement of furniture brings sophistication to what is otherwise a fairly minimalist interior. 'We've found that if you're using black as your base palette, the warmth of timber pops massively against it,' says Scott. The colour and pattern of the chestnut floors show up particularly well against this combination. Enriching the textural aspect are Tulip dining chairs from Guideline Manufacturing (guideline.design) around an Umthi dining room table from EBONY/CURATED (ebonycurated.com). Reflective elements, such as the table's surface and, above it, a Ferruccio Laviani F/LY pendant lamp in Black for Kartell (truedesign.co.za) create a sense of depth.





Rather than being forbidding, the house imparts a sense of warmth, offsetting the verdance in and around it in a way that makes it seem somehow elemental – like an abstracted part of its surrounds.

THIS SPREAD, CLOCKWISE
FROM TOP LEFT

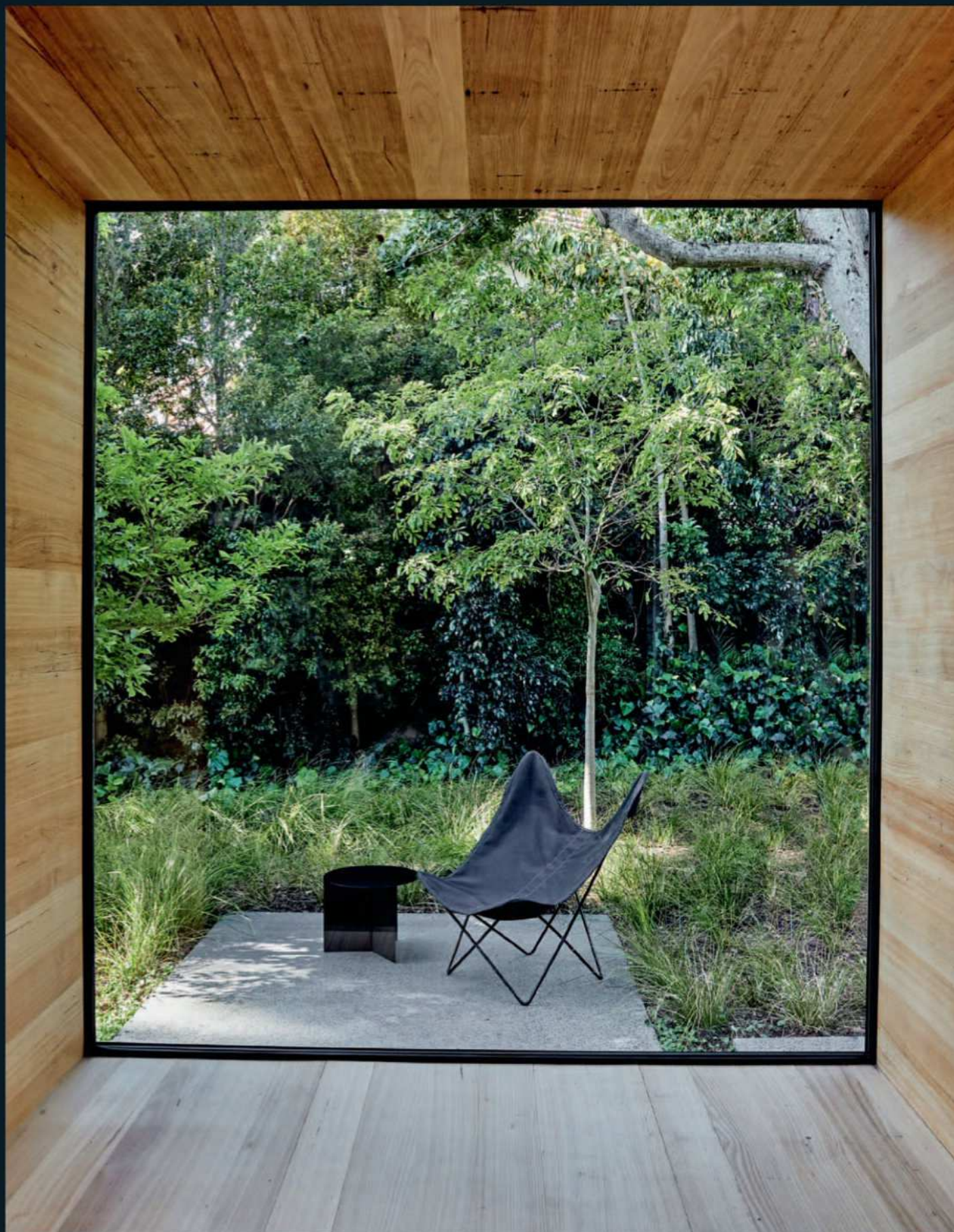
Matt coffee tables in the living area were custom-made for Site Interior Design (siteid.co.za) and the GT swivel chair is from Okha (okha.com); irregularly edged steps that lead up to the house serve to soften the division between vegetation and architecture as the plants grow; wood-paneled box windows integrate pockets of leafy garden with the house; South African artist Paul du Toit's artwork 'New York Moment' on the kitchen wall is in keeping with the dark palette.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy





While the more dramatic changes involved pulling off the roof and knocking down most of the internal walls, a large part of Scott's job was framing and editing the vistas. Again, a typical Camps Bay scenario involves a seascape in front, and a mountain outlook behind. 'We also had side views and the little garden pockets,' adds Scott. 'The owner had done a lot of work on the garden already, so there were beautifully established outdoor spaces we didn't want to touch. We worked around the trees and planted banks to achieve something with an element of intimacy.'


He created protruding square windows, some of them designed to make wood-panelled window seats, to frame views and integrate outside pockets of garden with the interior. 'Those wooden-surrounded windows are so great to sit in,' says the owner. 'You capture the beautiful winter sun: it's a nice place to chill out and read the paper.'

The owner says that it was some of the more subtle and thoughtful details that really convinced him of the essential rightness of the design. The balcony from the bedroom on the upper level – a kind of cantilevered pergola structure – not only provided the upstairs outdoor area that he desperately wanted, but also created comfortable outside spaces downstairs, making it possible to include a patio. 'Before, it was just a flat-fronted building, and those overhangs created wonderful shade and depth to the westerly facade,' he says.

The dark exterior actually took its lead from the interior. For Scott, the obvious answer to his clients' brief for 'a sexy space with a lot of warmth' was to use a consistently monochrome scheme throughout the house, with the addition of natural materials such as chestnut flooring. 'A lot of people think [the palette] is cold and dark, but it's not,' he says. 'If anything, it adds warmth and richness.'

'The stone and the steel all work within a fairly narrow range of darkish colours, and then it's just tempered by warmth, which we did with leather, and timber on the floors,' he adds. 'We've also used reflective materials to create depth. The richness comes from balancing the textures and materials, and thanks to their inherent richness, you don't need a lot of stuff.'

The fact that the house is so open – 'A good 30–60% of the walls are glass,' says Scott – means that every room is flooded with natural light. 'So we could get away with it,' he laughs.

While black is clearly a base colour, the interior is predominantly white with black accents. Nevertheless, that translated into a uniformly black exterior. While Scott and the owner initially discussed various greys, they eventually decided to take the plunge and go with black. The inherent darkness of the windows during the day means they 'recede and disappear into the building', as Scott puts it, and the lush greenery pops against the dark background. The house still stands on its original foundations, and now, more than ever, it seems perfectly in place.  **scott.partners**





THIS SPREAD, CLOCKWISE FROM TOP LEFT

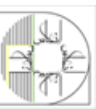
An upstairs balcony brings elevated views over the Atlantic and is home to a steel lounge chair from the Round collection by Christophe Pillet for Emu, available from Créma Design (cremadesign.co.za) and an Elitre small table by Area Declic for Arrmet (arrmet.it); the clever, versatile divider in the bedroom combines a headboard with shelving and storage, creating a well-defined dressing area. The Foscarini Yoko table lamp is by Anderssen & Voll, also available from Créma Design; seen from the garden, the elegantly cantilevered upstairs pergola adds depth and layers to the westerly facade of the house.



SANCTUARY IN THE CITY

*A unique house in the heart of Cape Town was transformed into an idyllic, leafy and light refuge for its *animal-loving owners**

TEXT LYNETTE BOTHA STYLING JEANNE BOTES PHOTOGRAPHS GREG COX





THIS PAGE

In the dining area of Nick and Robyn Gluckman's Tamboerskloof home in Cape Town, the clean lines of a dining table by James Mudge (jamesmudge.com) and chairs from Weylandts (weylandts.co.za) provide a sleek contrast to a detailed artwork by Sarah Pratt and a Little People rectangular lamp overhead, also from Weylandts. Oversized glass vases from Woolworths (woolworths.co.za), matt black pottery by Mervyn Gers (mervyngers.com) and ceramic candlesticks by Wild Bird (wildbird.com) complete the look.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



For Nick and Robyn Gluckman, a calm and serene environment to come home to at the end of each day is of utmost importance. As soon as you step into their five-bedroom house at the base of Signal Hill in Cape Town, it's evident that they have got their wish. Light streams in from the floor-to-ceiling steel-framed windows that encircle the lower floor of the abode. The space flows seamlessly from the open-plan kitchen to the lounge below and out onto a sunny deck at the rear, which is enveloped by a lush garden.

Nick, who is the owner of Oggie Hardwood Flooring, was immediately drawn to the house when he saw images of it on a property site seven years ago. On a whim, he decided to buy it without seeing the space in person. 'I'd been looking for a place to buy for about six months. There were a few properties that I'd seen and liked, but they'd always fallen through. I was on holiday in the Transkei when this one came on the market, and when I saw the photos, I just knew,' says Nick. 'I sent my dad to look at the house, meet with the estate agent and buy it on my behalf.'

It was mostly the location, the surrounding natural environment and the openness of the site that Nick was drawn to. 'It was in no way my "dream" home - it was very masculine, with a lot of concrete, steel window frames and red brick as an accent colour throughout. But I didn't rush to make changes; I knew that when I found my wife, we'd probably want to renovate the place together.' He was right.

Nick and Robyn, who works in marketing, met five years later through mutual friends, and after about two years of dating, tied the knot. 'On our second date, Nick met my four cats and discovered all my cat furniture, and luckily he stuck around. I've had to cut back on spoiling the cats, but we've met each other halfway,' says Robyn.

The pets' requirements played a big part in the couple's brief to Zeanne Duminy and James Goss of Zeanne + Goss Interior Architecture Design, when they began the renovation process.

'I already had my two miniature schnauzers and a cat, so with Rob's four feline additions, we seriously had to take the pets into consideration too,' says Nick. (The couple has since added Harry, a cavalier King Charles spaniel puppy, to the pack.)

Apart from the animals' needs, the pair wanted the space to be less masculine and more open, to maximise the use of space and really bring the outdoors in, with lots of greenery ▶

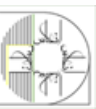


THIS SPREAD, FROM LEFT
A plum tree presides over a goldfish pond in a tranquil outdoor courtyard; floor-to-ceiling windows welcome light and nature into the living area, with its bespoke Sofaworx couch (sofaworx.co.za), a Webb lounge chair and Rod coffee table, both from Weylandts, and a grey ceramic Alchemy Lab vase, also by Wiid Design; an easily accessible drinks trolley and floating shelf from Dark Horse (dark-horse.co.za) plus glasses from Banks Kitchen Boutique (bankskitchenboutique.co.za) make entertaining a breeze.

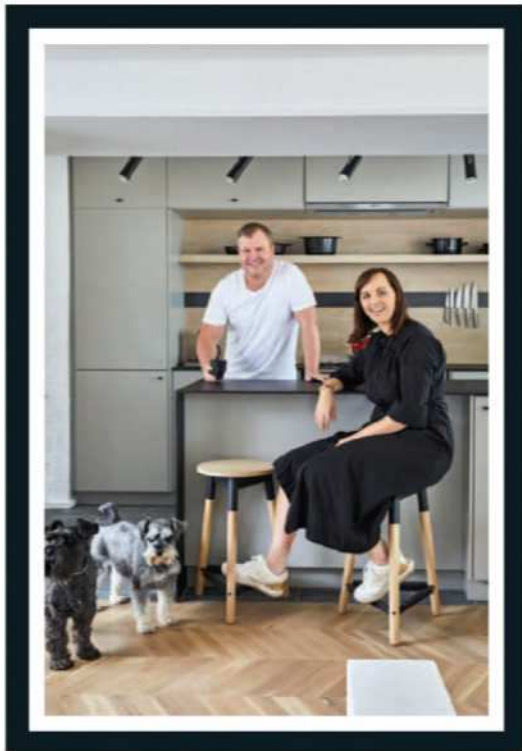




آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



Light streams in from the floor-to-ceiling steel-framed windows that encircle the lower floor of the abode.



THIS SPREAD, FROM ABOVE
Open shelving and a magnetic strip in the kitchen allow easy access to culinary tools for homeowners Nick and Robyn Gluckman – who enjoy cooking – while Pedersen + Lennard (pedersenlennard.co.za) bar stools encourage conversation. Miniature schnauzers Dickie and Fanny are a perfect match for the home’s palette; housing a variety of *objets* including a bright yellow vase from Pezula Interiors (pezulainteriors.co.za), a display unit in Robyn’s office continues the pale wooden aesthetic in the chevron timber floors by Oggie (oggieflooring.com). The ribbed cement stool and Butterfly dining chair hail from Weylandts, the latter a favoured perch for Wally the cat and his feline companions; the open-plan, double-volume living area succeeds in bringing the outside in, with indoor plants like the one atop a bronze and glass sidetable from Cécile & Boyd (cecileandboyds.com) adding to the verdance. To the left of the fireplace is an artwork by Galia Gluckman.



and water-wise plants. ‘While we gave Zeanne and James a very tight brief based on our human needs, we were also open to letting them take the house in the direction that they felt would be best,’ says Robyn. The building was completely gutted, leaving only the structure and steel-framed windows of the original home.

‘I believe you need to let the experts do their job. Zeanne’s and James’ skills lie in architecture, interior and design. I think many people make the mistake of hiring professionals and then thinking that they know better, which often results in a less than desirable outcome,’ says Nick. ‘This is why we gave Zeanne and James carte blanche from start to finish.’

And it paid off. ‘They created exactly what we wanted,’ says Nick. ‘In fact, they exceeded our expectations; there’s nothing I’d change.’ Robyn adds. ‘They considered everything: from a night light below the loo and an integrated spice drawer next to the oven – because Nick loves to cook – to storage solutions such as the basket drawers under each of the beds.’

‘The flooring was pretty much the only thing we chose ourselves. I went with Oggie’s smaller chevron panels, as I thought it would suit the space best and, of course, it’s suitable for pets,’ says Nick. ‘We didn’t even select the colour palette!’ ▶





آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



The upper level of the home is where the main bedroom and Robyn's office is situated (the latter was 'catified' to include various fun yet functional elements for the felines).

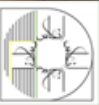
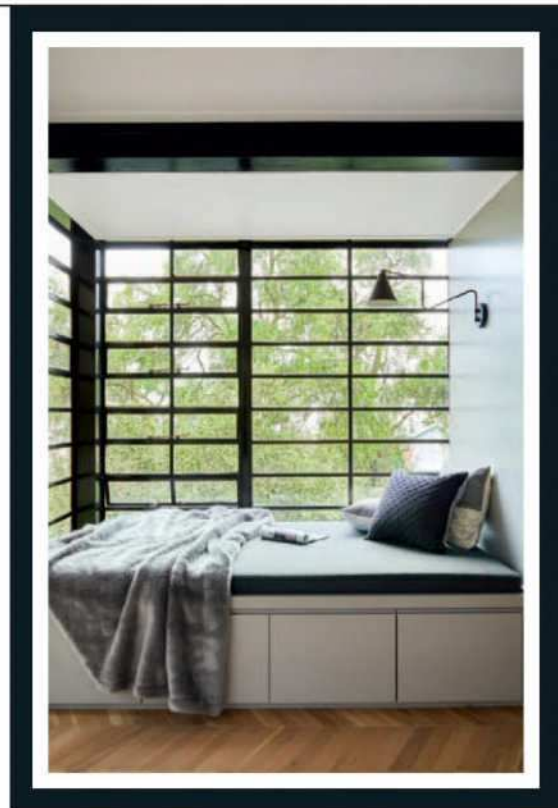
Nick and Robyn agree that the main bedroom is their favourite space in the house, but for different reasons. 'I just love the design of the room. I love to sleep in, and chill here. The fact that there's a daybed for all the pets and a cleverly designed headboard incorporating USB ports to charge all our gadgets reinforces the fact that the team met our needs so well,' says Robyn.

'I grew up in the Eastern Cape – always outdoors,' says Nick. 'What I love about our place is that it feels like we could be anywhere in the country, not five minutes from the CBD. In our bedroom, I can watch the sun come up, see the squirrels running in the trees, and take in the beautiful, uninterrupted views – it's very special.'

Duminy refers to the main bedroom as an 'adult tree house' and concurs that it's the best space in the house. 'It's great having trusting clients who believe in the role of the designer,' she says. 'Nick and Robyn have keen design eyes and were happy to push ideas and test new proposals. This, coupled with the faith that they had in the professional team, made for a great project.'

Goss says that his two preferred transformed areas are the master bathroom and the kitchen: 'Both spaces now feel open, fresh and inviting, and also answer all of Nick and Robyn's practical needs.'

Robyn says, 'This is our dream home. We plan on living in it for years and starting a family here. We may live here forever – I mean why would you leave?' Why indeed? zeannegoss.com





THIS PAGE
A second piece by Sarah Pratt (from Cécile & Boyd) presides over the bathroom, picking up on graphic lines in a wire stool that was sourced at Weylandts and a ladder towel rail from Pezula Interiors. The laundry basket, also from Weylandts, introduces texture to the space.

OPPOSITE PAGE, CLOCKWISE FROM TOP RIGHT

The home's warm wooden flooring extends to a sunny nook with a daybed by Zeanne+Goss – an ideal lounging spot for its human and animal residents; akin to an 'adult tree house', the main bedroom affords beautiful views of the surrounding olive trees; anchored with a headboard, also by Zeanne+Goss, that incorporates USB ports to accommodate the Gluckmans' tech needs, the master bedroom features a gold lamp from Pezula Interiors, scatter cushions from Weylandts and a plush black sheepskin throw from The South African Sheepskin Co (The South African Sheepskin Company).

Q&A
WITH THE
GLUCKMANS
PLUS A VIDEO
TOUR OF THE
HOUSE



HOUSEANDLEISURE.CO.ZA



IN A SENTIMENTAL MOOD

Combining *shades of darkness* and light with *layered textures* and a grown-up yet *playful sensibility*, this Durban home is a veritable chart-topper

TEXT PAMELA WHITBY STYLING CHRIZANDA BOTHA PHOTOGRAPHS LAR LESLIE





THIS PAGE

A custom-made server by Houtlander (houtlander.co.za) is a favourite piece in the living area of Chris and Ruth Haralambous' Durban home. 'It blurs the boundaries between traditional and modern and has an almost architectural sensibility, which we have followed when selecting many of the pieces in our home,' they say. Atop it are treasured objects, including a large black marble lamp - find similar at Kare Design (kare-design.com). A charcoal artwork by Isabelle Leclezio from Tamasa Gallery graces the wall.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



‘It’s the abundance of light that makes the dark elements work in this house,’ says interior designer Ruth Duke of Chris and Ruth Haralambous’ Durban home in KwaZulu-Natal. The architecture in the two-bedroom house, by Dean Jay Architects, was designed to allow for true indoor-outdoor flow between the interior and garden spaces. Floor-to-ceiling doors that stack away completely let in plenty of light, ensuring that the palette of black, charcoal and white with timber accents doesn’t dominate.

As the architecture was to be quite contemporary, Chris and Ruth realised that much of their collection of furniture would not work in the new space. Their brief to Duke was to create an interior that sits comfortably within the architectural design. Showcasing their collection of art was essential, too, and Duke explains that the dark, neutral palette allows for these treasured artworks – by South African artists such as Glenn Cox and Kristin Hua Yang – to stand out. ‘At night, especially, the dark tones recede and the colours and textures in the art and accessories become almost luminescent,’ she says.

Maintaining a balance between detail and simplicity – and between style and functionality – was key in both the architectural and interior design and the process was a collaboration during which Marc Oswell of Dean Jay Architects and Duke both spent time with the Haralambouses to better understand their lifestyle. ‘We wanted an easy flow to the house and no wasted space,’ say Chris and Ruth. ‘We’d previously lived in a big, old house where areas like the separate dining room were almost never entered and we wanted to avoid that here. We’d also discovered that with both an indoor and outdoor dining and living area one was always underutilised, and we decided that we would simply open the house on both sides to give us the feel of sitting outside instead of duplicating these areas.’

The garden and courtyards are all completely private spaces that belie the proximity of the neighbouring houses. ‘Elevating the house above the road level has also enhanced the sense of privacy here – despite the home’s location on an estate,’ says Duke.

This attention to functionality was important throughout the house and elements such as direct access from the garage, a large scullery, speakers throughout the house and stack-away



THIS SPREAD

Kitchen and furniture designer Stephen Watson of Houtlander brought the striking kitchen to life - the artisan feel of the brass island contrasts very effectively with the matt black finish of the cabinetry to create a space that is both dramatic and inviting. The wooden-based bar stool is from Guideline (guideline design).



THIS PAGE, CLOCKWISE FROM TOP LEFT Simplicity, functionality and longevity were key to the design of items such as the dining chairs by Guideline – around a table from Weylandts (weylandts.co.za) – and a bespoke light fitting by Ruth Duke and Morgan Day (morganassociates.co.za) that echoes 1930s design and adds a retro appeal to the living space; Houlander designer Stephen Wilson stands with Ruth Haralambous in the kitchen area; cavity sliding doors allow the living space to open completely to the outdoor area. The painting by Kristin Hua Yang is also from Tamasa Gallery.

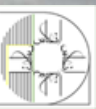


Interior designer Ruth Duke added some unexpected touches with precious materials such as marble and agate, and pops of colour that sing against the neutral backdrop.



THIS PAGE

Giving the house a layered feel is a combination of warm elements like blonde wood, such as the herringbone-patterned timber floors by Kaizer Floors (kaizerfloors.co.za) that run throughout the house, and cool neutrals such as bone – as seen in the hexagonal inlay sidetable, also from Weylandts – and marble in the table from Ruth Duke Interiors (ruth-duke-interior-design.business.site). Geometric motifs in a rug from Haus by Hertex (hertexhaus.co.za) add a contemporary sensibility. The occasional chair is a refurbished secondhand find, and the photograph on the wall is by Anton de Sousa Costa.



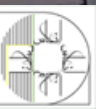
doors make for a very liveable home with an easy flow from room to room. The idea was for the couple to feel comfortable and relaxed, wherever they chose to be.

Stephen Wilson of Houtlander created a kitchen that provides a dramatic focal point in the living area. The brass panelling on the kitchen island provides a perfect foil for the matt black cabinetry. 'There is a synergy between the cool neutral and warm neutral here, which we've continued in all areas of the home, adding metallic accents throughout,' says Duke. 'The coherence of the whole design relies on keeping to a similar palette and repeating patterns such as the herringbone flooring.'

This doesn't mean the scheme is bland, however, and Duke also added some unexpected touches with precious materials such as marble and agate, and pops of colour that sing against the neutral backdrop. 'Much of the colour comes from the art, but there are one or two bright items – a patterned cushion, a chunk of stone, a handblown glass vase – that draw the eye and elevate the pared-back aesthetic into a layered, lived-in home.'

'We also wanted the furniture pieces to have an artistic or architectural sensibility, with a focus on local design,' say Chris and Ruth, and items from luminaries such as Dokter and Misses and LIM take centre stage alongside custom-made pieces (several of which were designed by Wilson) that adhere to the contemporary feel of the home while remaining inviting.

'There is such a good balance between stylish and liveable here,' say Ruth and Chris. 'There is an ease, and nothing feels stiff or over-decorated. There are such beautiful pieces, but none feel too precious, and details like comfortable couches and soft rugs allow us to completely unwind.' deanjayarchitects.com, ruth-duke-interior-design.business.site



THIS PAGE

The Dokter and Misses dressing table was the starting point for the pastel palette in the main bedroom. Luxe textures like velvet and brass lend the room a glamorous feel. The accent wall is clad in grasscloth wallpaper by Hertex (hertex.co.za) and the headboard is another Ruth Duke custom design.

OPPOSITE PAGE, CLOCKWISE FROM TOP RIGHT

In the bathroom, the grain of the timber vanity echoes the rawness of the sidetable and emphasises a freestanding tub from Tile Africa (tileafrica.co.za); tiles laid in a concentric pattern in the shower add to the Zen-like calm of the bathroom's design; precious metals and natural textures draw the eye to interesting vignettes throughout the house.





PRINT
ONLY R381
(normal price R587)

DIGITAL
ONLY R305
(normal price R469)

35% OFF

WHEN YOU SUBSCRIBE TO HOUSE AND LEISURE

There's never been a better time to buy a 12-month subscription for South Africa's most loved decor, design and lifestyle brand. Celebrate the pleasure of living here now by taking a tour through inspiring local and international homes, viewing impressive interiors and reading about the latest design-driven concepts. Our guide to the beautiful things in life also includes features on innovative recipes, travel, the local art scene and gardens. You'll get it all – at 35% off.

WHY SUBSCRIBE?

SEE IT FIRST
As a *House and Leisure* subscriber, you'll receive your magazine before it hits the shelves.

FREE DELIVERY
Your copy of *House and Leisure* will reach you safely every time.

ONCE-OFF OFFER
Don't miss your chance to get 35% off a 12-month subscription.



FOR SUBSCRIPTIONS QUERIES, PLEASE CONTACT MAGSATHOME ON 087-405-2221 OR EMAIL SUBS@MAGSATHOME.CO.ZA


2 EASY WAYS TO SUBSCRIBE


1. VISIT


houseandleisure.co.za/subscribe

2. SNAP

HOW TO ORDER:

 1 Download the SnapScan app from your app store.

 2 Scan the icon (right) and pay using the app. Please fill in your address details to complete payment.

 3 Each month, your copy of *House and Leisure* will be delivered to your door.



PRINT: R381



DIGITAL: R305

Terms and Conditions: The subscription offer is applicable to a 12-month paid print or digital subscription and is only available to South African residents. Please allow for a four to six week order fulfilment when placing your print subscription order. By providing your email address and/or cellphone number, you give *House and Leisure* permission to communicate with you via these channels unless you end your correspondence with 'NO' to opt out.

This offer is valid until 31 July 2018.



LEISURE

Discover the Mother City's new cultural asset, the Norval Foundation (P90), and a serene, *clean-lined Inanda garden* (P96), then dip into deliciously dark soiree recipes (P100) and visit *Reykjavík in Iceland* (P103)

PHOTOGRAPH: GREG COX

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

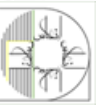
 Enekas.Academy

 Enekas.Academy





THIS PAGE
The opening exhibition in Norval Foundation's triple-volume Gallery 8 in Tokai, Cape Town, showcases works produced by the late Edoardo Villa between 1958 and 1968. The highlight of the show is his colossal steel sculpture 'Africa', seen here in front of an enlarged photograph documenting its creation, taken by notable collector Egon Guenther at the time.



NATIONAL TREASURY

Cape Town has gained another major cultural asset in the form of the *new Norval Foundation*, a remarkable destination museum of art

TEXT DAYLE KAVONIC PRODUCTION GEMMA BEDFORTH PHOTOGRAPHS INGE PRINS

To try to express the magnitude of the Mother City's new Norval Foundation in Tokai by simply cataloguing its many parts would be doing a great disservice to the whole. It's not simply a high-profile art museum adjoining a sculpture garden, restaurant and bar, amphitheatre, gift shop and research library. There is something much bigger and more significant at play here: a unifying thread rooted in custodianship and conservation – of art, of nature and of heritage.

It's a cultural and ecological sanctuary of sorts, and you sense this from the moment you step inside the foundation's monumental pavilion, flanked on one side by the urban whirl of a main road and the other by the surprising stillness of a revived wetland. 'When I visited for the first time, there was something about the lay of the land and the sensitivity of the building that struck me,' says Elana Brundyn, Norval Foundation's executive director. It was enough to pull her in – straight off the back of years spent preparing for the launch of Zeitz Museum of Contemporary Art Africa (MOCAA) in the Silo District of the V&A Waterfront – to help local businessman Louis Norval realise his dream of making art more accessible to the public.

In line with this vision, everything about the design of the institution is geared towards facilitating a positive visitor experience – one that's as relaxed and inclusive as it is empowering. As chief curator Owen Martin puts it, 'Every step of the way, the public must feel like they are being enabled to engage with what's in front of them.'

A solid, rectilinear concrete form was dhk Architects' response to the challenge of crafting a space of international standing that also champions absolute simplicity, so as not to overwhelm the senses. Walls of glass enclose both ends,

lending a feeling of openness to the structure and inviting in wetland and mountain views as a constant reminder of the setting.

Within, an intuitive, linear layout guides guests past the shop and eatery into the triple-volume atrium, and on through eight purpose-built exhibition venues (a ninth sits upstairs). The last of the lot, the 10m-high Gallery 8, is the climactic showpiece of the museum. 'It's just incredible,' says Brundyn. 'There's never been a gallery of its scale here before.'

This means that Norval Foundation can display iconic sculptural works that no other museum in the country is equipped to exhibit. In fact, familiarising audiences with the lesser-known riches in Africa's cultural vaults is part of the foundation's exhibition strategy. 'We're aware that art history has been written from a specific perspective, so we consider how we can add another lens to it,' says Martin, referencing the opening retrospective show featuring work by Sydney Kumalo and Ezrom Legae.

While the focus of the foundation – which is fortunate enough to have access to the Norval family's extensive Homestead Collection, alongside the estates of Alexis Preller, Gerard Sekoto and Edoardo Villa – is on 20th- and 21st-century art from South Africa and Africa, its scope will extend beyond this to incorporate international works that relate to the local context. Patrons can also expect the exhibitions to change over time, which, next to a curated programme of talks, workshops and live music, makes for an intriguing, evolving offering worth a second visit.

The almost 4ha sculpture garden, on the other hand, will remain fairly permanent. Stretching out alongside the children's playground, this open-air gallery tucks towering

works by the likes of Wim Botha, Brett Murray and William Kentridge in and among the reeds and slopes of the wetland. It's a delicate merging of art and nature that delights at every turn, transforming a simple stroll or picnic into an other-worldly adventure.

Gazing out over this scene, and directly connected to it by way of a sizeable deck, is the Skotnes Restaurant. Named, of course, after the great Cecil Skotnes, the contemporary space does for small-scale farmers and boutique wineries what the museum does for artists: support and nurture their craft, the results of which are turned into a menu that's at once familiar and imaginative. 'I have started delving into South Africa's culinary heritage,' explains executive chef Phil de Villiers, the man formerly behind acclaimed steakhouse Primal Eatery. 'I believe that presenting guests with a version of the flavours they grew up with evokes memories that make dishes taste even better.' It's an approach that puts mains such as confit duck leg with umngusho and sweetcorn risotto with braaied corn on the dinner table – local masterpieces of their own kind.

Though not part of the same physical space, the Skotnes Bar upstairs is a natural extension of the restaurant. Chic and moody, it is prime sundowner real estate. 'I imagine it as one of those places where artists and art lovers get together to talk, like a breeding ground for ideas,' says Brundyn. 'I love that concept. I hope it becomes that.' norvalfoundation.org; dhk.co.za





THIS PAGE, CLOCKWISE FROM TOP LEFT

'City of Moscow' mohair tapestry by William Kentridge and Marguerite Stephens; another Edoardo Villa sculpture, 'Industrial Figure'; Kentridge and Gerhard Marx's steel 'Fire Walker' commands attention in the sculpture garden; Igshaan Adams' 'The Path of the Upright'; 'Form Ephemeral VII' by Serge Alain Nitegeka; chief curator Owen Martin; Brett Murray's 'Again Again' in bronze; 'Volition' by Michele Mathison.

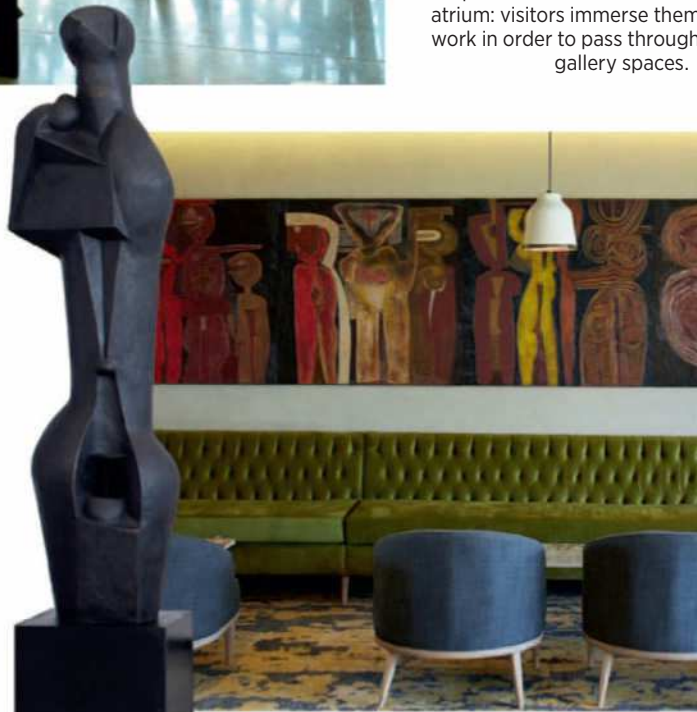
OPPOSITE PAGE, CLOCKWISE FROM TOP LEFT

Buttons and bugle beads make up most of US artist Nick Cave's 'Soundsuit'; moss-green upholstery in the Skotnes Restaurant speaks to the natural palette outside, visible through expansive glass panes; a deceptively dessert-resembling starter on the restaurant's menu: duck-liver parfait, Cape vintage and plum jelly, and mosbolletjie toast; a view of the foundation's main building from the sculpture garden.





THIS PAGE, CLOCKWISE FROM TOP LEFT
 Wim Botha's 'Prism (Flush)' installation looks right at home amid the indigenous vegetation of the rehabilitated wetland; executive director Elana Brundyn stands next to Edoardo Villa's 'Homage to Maillol'; 'Riding the Bull I' by Speelman Mahlangu; Japie se Gunsteling: roasted naartjie, marmalade caramel, burnt honey and macadamia ice cream dessert; an installation view of the Edoardo Villa opening exhibition; panels from Cecil Skotnes' 'The Progression' are a main feature in the chic upstairs Skotnes Bar; 'Mother and Child' by Villa; Serge Alain Nitegeka's monumental 'Structural Response III' installation fills the museum's atrium: visitors immerse themselves in the work in order to pass through to the other gallery spaces.



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





 **LE CREUSET®**

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



NEW ORDER

A profusion of textures lies at the core of this serene, modern Johannesburg garden

TEXT TESS PATERSON PHOTOGRAPHS ELSA YOUNG

THIS SPREAD, FROM LEFT
White waterlilies bloom in the tranquil garden of a modern Inanda townhouse, which was designed by JVR Architects (jvrarchitects.co.za); using the entrance hall as a central axis, landscaper Gregory Mark extended a sunken courtyard westwards towards the boundary wall. Here he created a granite-clad reflection pond, in which he planted common rush grass (*Juncus effusus*) to accompany the waterlilies, which flourish throughout summer and give way to waterblommetjies in the winter months.



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





T

ucked away in a leafy complex in Joburg's Inanda, there's a pleasing dichotomy to this compact garden. For starters, there's the low-rise entrance – simple wooden gates set into a slate wall – which is flanked by two vast charcoal planters. It's the antithesis of the

triple-garage arrival often associated with estate living. By contrast, it says, 'Come on in, the gates are only here to keep the pets inside.' 'We wanted to create a sense of welcome,' says landscaper Gregory Mark. 'From the driveway, you head towards the residence via a timber-decked courtyard. The overscaled pots are repeated at the front door, and it's here that the full indoor-outdoor impact is revealed.'


Designed by architect Joe van Rooyen, the abode has a timeless glass-and-steel simplicity. Timber cladding and a pair of silo-like structures allude to a modern barn aesthetic. 'The garden had to speak to the architecture,' says Mark. 'The abundance of glass allowed for fantastic views from within the house, and it also meant a seamless connection between the interior and exterior spaces. We wanted something serene and orderly, with lots of interest. It's friendly rather than minimalist, and intentionally leads you from one area to the next.'

Another contradictory aspect is the garden's age. Planted just a year ago, it has an air of long-established, cared-for seclusion. 'It's always first prize to begin a garden before the building works are complete. Our biggest challenge was to manoeuvre a number of substantially sized trees through the doors,' says Mark.

While the unevenly sloping ground could have been planted with lawn, Mark had something more enticing in mind. Using the entrance hall as a central axis, he extended a sunken courtyard westwards towards the boundary wall. Punctuated by a rectangular pond, it's bordered by neat buxus hedging and a series of low packed-slate walls.

Texture abounds, as does a variety of verdant tones. In a nod to what he affectionately calls 'old-fashioned' plants, Mark included mass plantings of acanthus, and white and pink Pride of India trees. 'The only existing tree was a lovely old bottlebrush, which we retained.' Although green is the dominant palette – glossy pittosporum, star jasmine and carex grasses all make a statement – the garden is not without accents of colour. 'Photinia shrubs add a bright hit of pink, as does the Pride of India blossom, but we also wanted to ensure year-round interest,' says Mark. The waterlilies, which flourish throughout summer only to be eclipsed by waterblommetjies in the winter, are a case in point.

Water is a strong focus, too, with the spacious living area opening up to the pond on one side and a sun-dappled pool on the other. As the owners are great art lovers, sculpture plinths were incorporated into the pond and pool. 'Choosing the ideal sculpture can't be rushed,' says Mark. 'My clients will know when they have found it and I'm looking forward to seeing this extra dimension unfold.'

In line with the house's modern edge, dark accents serve as a bold counterpoint to all the green in the garden. The boundary walls are painted a deep, almost black tone that mimics dappled shade, and Mark painted a Lutyens bench black, too. 'There's a sexiness to black and it marries well with the deep grey of the pots.' With its juxtaposition of clipped hedges and gnarled stems, clean lines and wayward grasses, this garden truly does entice. A space for contemplation and entertaining, it's a serene adjunct to this modern home.  Gregory Mark Landscapes, 082-443-7251,  gregorymarklandscapes



THIS SPREAD,
CLOCKWISE
FROM TOP LEFT

Creating a sense of welcome, a teak walkway leads towards the entrance of the house. The wooden gates set into the slate wall were also designed by Joe van Rooyen; the courtyard is framed by low buxus hedges, with mass plantings of acanthus behind them on a higher level. Several Pride of India trees add accents of colour; twin overscaled pots from Gregory Mark Landscapes flank the front door; lily turf (Iriope evergreen giant) borders the modern outdoor seating area, providing a strong, regular shape and verdant colour throughout the year; textural carex gold grasses wind around a Pride of India tree; surrounding the pool is an emerald stretch of manicured lawn, overseen by a jacket plum tree that is much loved by the birds. A sculpture plinth was incorporated into the pool surround; a view of the reflection pond, which is edged by neat hedging and low-slung slate-packed walls.



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



darkest hour

Sleek cocktails and simple
yet sophisticated snacks set
the scene for a noir soiree
with a difference

RECIPES AND STYLING
CARO DE WAAL
PHOTOGRAPHS
HEIN VAN TONDER

Botanical gin fizz.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



Endives with blue cheese and a balsamic vinegar reduction.



BOTANICAL GIN FIZZ

60ml helichrysum gin
(or botanical gin of your choice)
Juice of 2 limes
300ml soda water
300ml tonic

Mix the gin with the lime juice. Pour the mixture into four glasses filled with ice. Add 75ml soda water and 75ml tonic to each glass. Stir with a cocktail mixer (or spoon) and serve immediately.

SERVES 4

Helichrysum gin is a small-batch handmade fynbos gin made with helichrysum flowers. (Contact Caro de Waal for further details; carodewaal.com)

ENDIVES WITH BLUE CHEESE AND A BALSAMIC VINEGAR REDUCTION

100ml balsamic vinegar
30ml honey
200g fresh endive heads
100g creamy blue cheese, cut into thin slices
10g fresh baby salad leaves, such as red and green sorrel

For the balsamic reduction, bring the balsamic vinegar and honey to the boil in a small pot, then lower the heat to a simmer and reduce the mixture for about 10 minutes until the consistency is as thick as runny honey. Set aside to cool.

Carefully separate the endive leaves and arrange on a serving platter. Place slices of blue cheese in the inner curves of each endive leaf and sprinkle the salad leaves over the top. Drizzle balsamic reduction over each portion just before serving.

SERVES 8-10 (as a snack)

HOT AND SOUR FISH CEVICHE

2 green chillies
6 spring onions
Juice of 3 limes
A pinch of white sugar
1 large (400g) fresh hake fillet
10g fresh coriander leaves,

roughly chopped
10g fresh baby salad leaves
Activated charcoal squares*
(or plain crackers), to serve

Slice the chillies and spring onions as thinly as possible. Combine the lime juice and sugar, and add the chilli and spring onions. Dice the fresh hake into small blocks. Add the lime-juice mixture to the fish and mix well, with care. Allow to stand for 10 minutes to steep.

Add the coriander and salad leaves to the ceviche. Serve in a bowl with activated charcoal squares on the side.

SERVES 8-10 (as a snack)

*Available at Woolworths.

BEETROOT AND BLACKBERRY VAMPIRE VODKA

400ml fresh beetroot juice
200ml mixed-berry juice
Juice of half a lemon
60ml vodka
100g blackberries
Black pepper, to serve

Combine the beetroot, berry and lemon juices with the vodka in a large jug, and refrigerate for about half an hour.

Place two blackberries into each of four small wineglasses. Mix the juice well and divide it between the glasses. Grind a little black pepper on top of each drink just before serving them, with extra blackberries on the side.

SERVES 4

T-BONE STEAK SLICES WITH THYME BUTTER AND ROASTED GARLIC

1x500g, thick-cut T-bone beefsteak
1 garlic bulb
2t honey
1t ground black pepper
6T olive oil, for frying
6T butter
2T fresh thyme leaves
Black salt, to serve

Remove the steak from the fridge so it reaches room temperature. Preheat the

oven to 180°C. Cut the garlic bulb in half lengthways, place on a baking tray, cut-side up, and drizzle a teaspoon of honey over each half. Roast the garlic for about 25 minutes until golden and soft.

Season the meat with black pepper and heat the oil in a pan until almost smoking. Sear the steak for 5 minutes on each side. Reduce the heat to medium-low and add the butter. For a medium-rare steak, cook for a further 3 minutes on each side (this also depends on the thickness of your steak). Add the thyme leaves after turning (3 minutes before the end of cooking) to infuse with the butter.

Remove the steak from the pan, place on a board or serving platter and allow it to rest for 10 minutes. Cut into slices, each about 3-5mm thick, and arrange them next to the bone on the serving platter.

Push the roasted garlic cloves out of the bulb and distribute evenly over the top of the steak. Reheat the butter for 30 seconds until hot and spoon over the top of the slices.

Sprinkle a little black salt over the steak and serve immediately with a small pile of black salt on the side.

SERVES 8-10 (as a snack)

ACTIVATED CHARCOAL AND BASIL COCKTAIL (NON-ALCOHOLIC)

500ml activated charcoal juice*
Juice of 1 lemon
100ml freshly pressed apple juice
10g fresh basil leaves
4t tukmaria (sweet basil) seeds
Basil flowers, to serve

Combine the charcoal, lemon and apple juices. Roughly tear the basil leaves, drop them into the mixed juices and set aside to infuse for about an hour. Pour the mixture through a sieve to remove the basil leaves.

Decant the juice into chilled glasses and sprinkle half a teaspoon of tukmaria seeds gently over the top of each glass.

Allow the drinks to stand for 10 minutes to allow the tukmaria seeds to swell (they will form opaque 'skins'). Garnish with the basil flowers and serve immediately.

SERVES 4 *Available at Woolworths. ☺







Beetroot and blackberry vampire vodka.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



T-bone steak slices with thyme butter and roasted garlic.



Hand-forged steel bowl, knife and textured surfaces all by sculptor and blacksmith Conrad Hicks. For more, visit conradhicks.com

SCAN TO READ OUR STORY ON CONRAD HICKS



HOUSEANDLEISURE.CO.ZA



FOR MORE GO TO
PARTY-
PERFECT
COCKTAIL
RECIPES
HOUSEANDLEISURE.CO.ZA



Activated charcoal and basil cocktail (non-alcoholic).

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



ACHINGLY HIP
ASIAN BLENDED MALT
KAMIKI HAS JUST
REACHED OUR SHORES:
IT'S THE ONLY JAPANESE
WHISKY FINISHED IN
AROMATIC YOSHINO SUGI
CEDARWOOD CASKS
(CUE UNUSUAL WOODY
PALATE). EXPECT HINTS OF
TROPICAL FRUITS ON THE
NOSE. R799 FOR 500ML.
BOTTEGAWHISKY.COM



WHAT'S BREWING?

While Franschhoek will always be known for its wine, the Winelands town is now a beer-lover's destination, too. Franschhoek Beer Co recently unveiled its airy tasting room and restaurant, Tap/Eat, the work of Cape Town's Inhouse Design Studio. On offer are craft brewery tours, tastings and leisurely lunches. franschhoekbeerco.co.za

Food & drinks news

COMPILED BY **ROBYN ALEXANDER**
PHOTOGRAPHS **CHRISTOPHER WHITE, JACO WOLMARANS, PAULA ZAPATA, SUPPLIED**



HIT REFRESH
CHEF BRENDAN STEIN
BREATHES NEW LIFE
INTO THE RESTAURANT AT
NEETHLINGSHOF ESTATE
IN STELLENBOSCH, WITH
A LINE-UP THAT LEANS
TOWARDS THE TIMELESS:
CLASSIC DISHES WITH
JUST THE RIGHT AMOUNT
OF CONTEMPORARY
TWIST. DO TRY THE
WINE PAIRINGS, TOO.
NEETHLINGSHOF.CO.ZA

DESIGNER CANDY

Combine the Carrol Boyes aesthetic with superior confectionery processes and the result is the brand's luxurious range of chocolates, which are available in milk and dark chocolate, and mixed varieties. R99 per box of nine. carrolboyes.com



BLOOMING LOVELY
With innovative food created by chef patron Henry Vigar (of La Mouette fame) and rising star Andre Hill, plus arresting interior design by Liam Mooney Studio, Upper Bloem is causing a stir on the Cape Town culinary scene. Chef Hill grew up in Upper Bloem Street in the Bo-Kaap, and the flavours of his childhood are deliciously reflected in the selection of small plates that comprise Upper Bloem's tasting-style menu. upperbloemrestaurant.co.za



SIPPING PLEASURE

Sutherland, the Elgin property belonging to Stellenbosch winery Thelema Mountain Vineyards, has released its first Reserve range of three premium wines: an unusual Grenache and Petit Verdot – cultivars not usually associated with the area – and a Reserve Chardonnay that Sutherland proprietor Giles Webb describes as 'just plain classy, in an understated Burgundian style'. R300 per 750ml bottle. thelema.co.za/range/sutherland

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



LAND OF FI

In just 48 hours or so, you can explore *all the food, culture and design* that makes Iceland's capital Reykjavík one of the *world's most liveable cities*

TEXT AND PHOTOGRAPHS NATALIE ROOS

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy

RE AND ICE

Home to more than two thirds of the country's 300 000-person population, Iceland's capital Reykjavík is as bustling a metropolis as you could expect to find on a volcanic island in the middle of the Arctic. Its authentically Scandi design influences are evident from the moment you set foot in your Airbnb. The combination of the city's innovative architecture, perfectly put-together coffee shops and plethora of bearded men make it feel like this is where hipster style was born. Reykjavík is small and pleasantly walkable (as long as you can brave the cold in winter). With as little as 48 hours at your disposal, you can easily get a real feel for what makes this one of Europe's most liveable cities. A word of warning: Iceland is not inexpensive. In fact, try

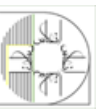
as I might, I just couldn't find a way to see it on a budget. That said, I'd definitely visit again if I had another credit card handy.

The easiest and most delicious way to acquaint yourself with the place in a single afternoon is by foot (and mouth), as part of one of Wake Up Reykjavík's popular food tours. Guided by passionate locals, the excursions start at the iconic Harpa Concert Hall, home of the Icelandic Symphonic Orchestra. Having won numerous awards for its design and architecture, which was created by the Danish firm Henning Larsen Architects in cooperation with Iceland's Batteríð Architects and Danish-Icelandic artist Olafur Eliasson, it's the perfect first glimpse of the country's design-minded approach to life. It's a good idea to arrive a little early, because that'll give you time to browse the goods on offer at Harpa's branch of the nation's leading design shop, Epal. For the past 35 years, Epal has been offering a wide selection of the best of Scandinavian design – from small gift items to large furniture pieces – and stocks work by Iceland's most prominent creatives and design brands, from Alvar Aalto to Marimekko.

The food tour starts with a taste of kjötsúpa – the classic lamb soup on which every Icelander was raised – at the supremely popular bar Íslenski Barinn. Delectably hearty and warming, it sets you up for the chilly walk, which takes in several architectural landmarks.

Over the course of the afternoon, you'll have the chance to learn about Reykjavík residents' unique approach to combatting the winter blues during the heart of the snowy season by painting their homes bright, happy colours. These cheerful red, blue and yellow houses cut little smiles into the ▶

THIS PAGE
Just 30 minutes outside of Reykjavík lies Blue Lagoon, one of Iceland's most popular bathing spots. Its silt-rich volcanically heated pools make it the ideal place for a hot soak in an area surrounded by ice and black lava rubble.



rather bleak scene set by snowy streets and a grey sky. You'll also discover more about the Viking way of life through sampling some traditional delicacies, such as fermented shark (ammonia in chewable form), cured horsemeat, rye-bread ice cream (I'll take thirds!) and a decadent lobster stew.

Along the route you'll pass many warmly lit creative spaces; in fact, you'd be hard-pressed to spend an hour in this city without finding yourself outside a gallery or studio of some description. Make sure to come back to the number-one venue for Icelandic design, SPARK Design Space, which is the island's only design-specific exhibition gallery. For art enthusiasts, the Museum of Design and Applied Art, situated a short walk from the city centre, is a must-visit, too.

Following the boom of Iceland's tourism economy (identified as a strategic income-generator during the 2008 recession, when the country's inhabitants were hit hard by Europe's financial crisis), you can't walk a block without passing a souvenir shop. But you won't find cheap trinkets here: these are not your typical garish plastic replicas that light up until the batteries die and are then relegated to the charity-shop box. In typical Icelandic fashion, gifts and curios include thoughtful and unique items such as Arctic salt packaged in mermaid-adorned origami boxes, sepia-toned illustrated maps of the island, handcrafted leather goods and cosy woollen garments.

When it comes to culinary inspiration, you're spoilt for choice. The Icelandic attention to practical detail combined with aesthetic loveliness very much spills over into the world of food, too. At Grillmarket, patrons are ushered down an enormous spiral staircase into a romantically lit underground dining space where each new plate of the eight-course tasting menu is more delectable than the last. And at the more everyday Reykjavik Roasters, coffee preparation is made to look like a form of traditional dance. They even do patisserie and dessert perfectly here. At Apotek, a restaurant so beautiful you'll probably want to live in it, the sweet treats are almost too pretty to eat (but do so anyway!).

When you've had your fill of food and eye candy, take some time to relax in the milky waters of Blue Lagoon. Located just 30 minutes outside Reykjavik, it's easy to reach by bus. After a pre-dip shower, submerge yourself in the otherworldly thermal baths and slather a layer of cleansing natural silica mud onto your face. When in Iceland, right? ☺





OPPOSITE PAGE, CLOCKWISE
FROM TOP LEFT

Geysers like this one – a spectacle to watch – emit sulphurous gas into the air; Icelandic blue mussels with passionfruit, chilli, white wine and truffle-Parmesan fries from Apotek Kitchen + Bar (apotekrestaurant.is); snow-covered trees make it feel like Christmas all winter; a guided glacier walk will take you inside Europe's oldest glacier, where Crystal Cave will take your breath away; pure-bred horses, a common sight in Iceland, were originally brought to the island by Vikings in the 9th and 10th century; Reykjavík's main landmark, Hallgrímskirkja church.

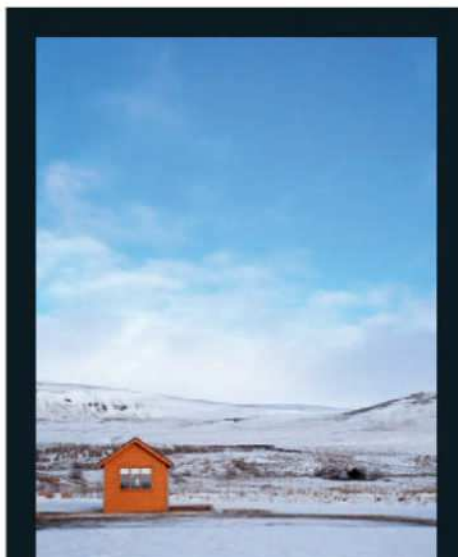
THIS PAGE, CLOCKWISE FROM ABOVE

The exquisite glass panes of Harpa Concert Hall; Reykjavík's streets are lined with traditional corrugated-iron homes; Reynisdrangar is the name given to the basalt sea stacks that stand off the coast of Reynisfjara, not far from the town of Vik; buildings are painted in bright colours to bring life to the icy city; Apotek restaurant is a shining example of Scandi design; a frozen tunnel inside the Vatnajökull glacier; churches such as this can be found across the country.





THIS PAGE,
CLOCKWISE FROM TOP
One of Reykjavik's most popular bars, Íslenski Barinn, serves up delicious kjötsúpa, a traditional Icelandic lamb soup (islenskibarinn.is); Nordurgardi lighthouse, one of two on either side of the harbour; summer country homes such as this barn sit patiently in wait during the winter months; basalt columns – which are formed when melting lava cools and reforms into hexagonal shapes – are abundant on the world-famous black-sand beach, Reynisfjara, on Iceland's south coast; one of many scenic stops along Ring Road; a wooden cottage pops against the stark snow-clad landscape in the quiet village of Hvammstangi; coffee shops and retail spaces are warmly lit and provide the perfect place to escape the cold for a few moments; glacier pieces that wash up on Diamond Beach can be the size of boulders during the coldest months of the year.





FCB Durban_COIRO3095

INSPIRATION THAT COMPLEMENTS

From metal and wood, to glass and stone, Corobrik clay face bricks are the perfect partner for just about any building material, with environmentally sustainable properties to ensure that even nature will thank you.

Let's build a better tomorrow together.



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



WIN

A TWO-NIGHT STAY AT GONDWANA PRIVATE GAME RESERVE WORTH R100 000



One lucky reader will win a two-night stay at the exclusive **Ulubisi House** for four adults and four children or six adults worth **R100 000**



Imagine a lavish African villa with your own field guide, chef and butler. Comprising three luxurious guest suites with sweeping mountain vistas, Ulubisi House is privately situated with its own pool and hot tub surrounded by grasslands teeming with game. The ultimate place to get much-needed R&R, this Big Five game reserve is conveniently located on the scenic Garden Route.

For more information,
visit gondwanagr.co.za
f Gondwana Game Reserve
t gondwanareserve
i gondwanagr



HOW TO ENTER

Visit houseandleisure.co.za/win before 31 July 2018 and use the keyword GONDWANA, or download the latest version of the Facebook app and snap the QR code using the app's QR code reader to enter.

For competition rules, see houseandleisure.co.za/terms-conditions

f House And Leisure **t** houseleisureSA

GONDWANA
GAME RESERVE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

FOCUS

Black, grey and graphics *star in our line-up* of monochrome fabrics and wallpapers (P116), plus we bring you *elegant updates* for your living space (P122), kitchen (P124) *and bathroom* (P125)



PHOTOGRAPH: GREG COX

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy



FOCUS fabric and wallpaper

STRIPES AND CHEVRONS

Explore bold patterns and graphic impressions in cool combinations of black and white, peppered with shades of grey.



STANDOUT CHEVRONS

COVER STARS

WHEN IT COMES TO MONOCHROME FABRICS AND WALLPAPERS, THE OPTIONS ARE SEEMINGLY LIMITLESS

COMPILED BY GEMMA BEDFORTH
PHOTOGRAPHS SUPPLIED

DARK AND DRAMATIC



ON THE LINE

CLOCKWISE FROM TOP LEFT

1. Makalu wallpaper in Flint from the Momentum Wallpapers Vol. 4 collection by Harlequin R2 794/roll (68.6cm×10m), Black Fabrics 2. Manyara Zebra fabric by Stroheim R2 179/m (140cm wide) and 3. Kallio wallpaper in Grey/Black from the Rand Scandinavian Stripes collection by Sandberg R4 428/roll (45cm×10.8m), both The Silk and Cotton Co. 4. Ziggy fabric in Black from the Stripes & Chevrons collection R459/m (150cm wide), Black Fabrics 5. Tobias 3 wallpaper by Novella R752/m², Robin Sprong 6. VEN702 wallpaper from the Venezia collection by Khrōma R1 475/roll (53cm×10m), Dreamweaver Studios 7. Tobias 1 wallpaper by Novella R752/m², Robin Sprong 8. Sidebe Ticking Stripe fabric, handpainted on White Libeco Belgian linen by David Bellamy R1 600/m (135cm wide), Bbellamyandbellamy 9. Brancusi Stripe fabric in Inkspot R695/m (138cm wide), Skinny laMinx 10. Aeneas wool upholstery fabric in Zebra by Gert Voorjans for Jim Thompson Fabrics R3 481/m (135cm wide), T&Co.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

creative partnership hendrick's

BLACK MAGIC

House and Leisure created a botanical wallpaper to serve as an accompaniment to this *delightfully quirky* winter cocktail, made with rose- and cucumber-infused Hendrick's Gin

PHOTOGRAPHY: INGE PRINS. STYLIST: JEANNE BOTES. DRINKS TROLLEY: THE TROLLEY DOLMY. STOKERD.STOKERD.COM



Hendrick's Gin Bordeaux cocktail

- 37.5ml Hendrick's Gin
- 12.5ml Chambord liqueur
- 50ml espresso coffee
- 1 bar spoon caster sugar
- 2 bar spoons
blackcurrant jam

Combine all the ingredients in a shaker and mix well. Strain through a sieve, pour into a glass and savour. Please remember to enjoy the unusual responsibly.

HENDRICK'S
DISTILLED AND BOTTLED IN SCOTLAND
GIN

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





THE FAUX-TILE LOOK

3D WALLCOVERINGS

CLOCKWISE FROM TOP LEFT

1. Hexagons wallpaper in White by Lisa Swanepoel R752/m², Robin Sprong 2. Electro Maze wallpaper in Monochrome by Kirkby Design x Eley Kishimoto R3 467/roll (52cm×10m), Romo 3. Pick up Sticks II fabric in Charcoal from the Sub Sahara collection R603/m (146cm wide), St Leger & Viney 4. Cervo wallpaper in W7211-01 from the Manarola Wallpaper collection by Osborne & Little R3 231/roll (52cm×10m), Home Fabrics 5. Nugget Mirage wallpaper in Monochrome by Kirkby Design x Eley Kishimoto R3 289/roll (52cm×10m), Romo 6. Saracen fabric in Charcoal by Jim Thompson Fabrics R2 285/m (140cm wide), T&Co 7. (From top) Sway fabric in Liquorice/Fog, Rough Diamond fabric in Inkspot, Simple Stripe fabric in Liquorice and Block Circle fabric in Liquorice, all R695/m (138cm wide), Skinny laMinx 8. WE4733 wallpaper from the West Side collection R1 863/roll (68.6cm×8.2m), Hertex 9. Matador fabric in Caviar from the Modern Nuances Vol. II collection by Fabricut R2 156/m (137cm wide), The Silk and Cotton Co.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





1



2

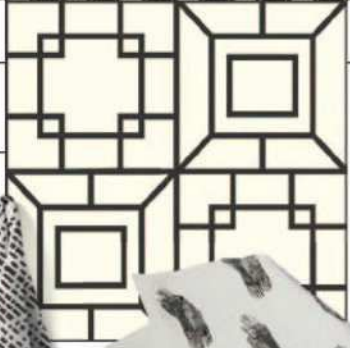
GRAPHIC PATTERNS

Who says monochrome is monotonous? The choice is yours – from harlequin and houndstooth to designer dots and maze-like motifs.

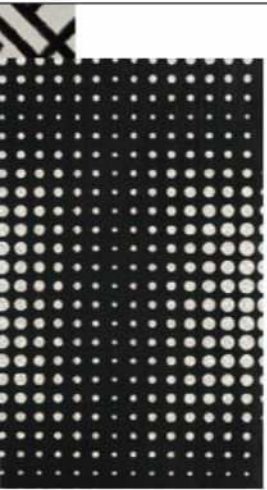


3

TIMELESS CLASSICS



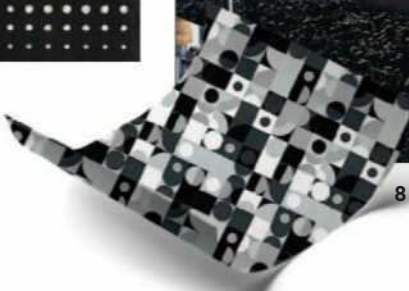
4



6



5



8

SHADES OF GREY

CLOCKWISE FROM TOP LEFT

1. Pomare fabric in Monochrome from the Floriental collection by Jim Thompson Fabrics R3 189/m (140cm wide), T&Co
2. Herds fabric in Black R695/m (138cm wide), Skinny laMinx
3. Zig Zag Birds wallpaper in Monochrome by Kirkby Design x Eley Kishimoto R3 467/roll (52cmx10m), Romo
4. AF1967 wallpaper from the Ashford Toiles collection R1 573/roll (52cmx10m), Hertex
5. The Breast Plumage of an African Sparrowhawk monochromatic fabric, hand-linoprinted on linen-union base cloth by David Bellamy R1 600/m (135cm wide), Bbellamyandbbellamy
6. 71076-295 fabric in Black/White from the Market Place Wovens & Prints collection by Duralee R1 972/m (140cm wide), Halogen
7. Image features Solids fabrics in Black, Charcoal and Flanelle, Heritage fabrics in Granite and Charcoal, Savane fabrics in Zinc and Flanelle, Chartres fabric in Flanelle, Robben fabric in Silver, Deauville fabric in Black and Checks Connor fabric in Black, all from the European collection by Sunbrella POR, ADF Outdoor South Africa
8. Geometric Blocks wallpaper in Black by Lisa Swanepoel R752/m², Robin Sprong.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





HOMEGROWN HEROES

AFRICA-INSPIRED

FLORA AND FAUNA

For a touch of whimsy, bring nature inside with detailed botanical or animal illustrations.

THE GREAT OUTDOORS

CLOCKWISE FROM TOP LEFT

1. Winter Cranes **wallpaper** in DR6359 by DwellStudio R2 709/roll (68.58cm×8.22m), Halogen **2.** Deciduous **wallpaper** in Monochrome from the Urban Gypsy collection R1 040/roll (53cm×10.05m), Hertex **3.** Kruger **wallpaper** in Monochrome from the Animalia Wallpaper collection by Clarke & Clarke R2 547/roll (52cm×10.05m), Home Fabrics **4.** Herd Together **wallpaper** in Noir from the Birds of a Feather collection R1 656/roll (53cm×10.05m), Hertex **5.** Peonies Black **wallpaper** by Carmen Ziervogel R670/m², Robin Sprong **6.** Pago **wall mural** by Tres Tintas for Rebel Walls R1 108/m², St Leger & Viney **7.** Flower fields **fabric** in Penny Black R695/m (138cm wide), Skinny laMinx **8.** Amazonia pure **linen** in Lead Grey from the Bardo collection by Jim Thompson Fabrics R2 471/m (138cm wide), T&Co **9.** Trees of SA 1 pure linen **wall panel** R4 295 (1.5×2.5m), Evolution **10.** Pincushion **fabric** in Charcoal R695/m (138cm wide), Skinny laMinx **11.** Jungle **fabric** in Black/White from the Gary Neil Outdoor collection R560/m (138cm wide), Halogen **12.** Shiso **fabric** in Graphite from the Jungles to Dunes collection R840/m (140cm wide), Hertex.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





DIP-DYES AND OMBRES

ORIENTAL ADD-ONS

PAINT EFFECTS AND HANDMADE

Creativity knows no bounds – dip into painterly patterns such as a watercolour look, batiks, ombres or prints inspired by the East.

ONE-OF-A-KIND DESIGNS

CLOCKWISE FROM TOP LEFT

1. Midnatt **wall mural** in Black by Sandberg R4 514/roll (270cm×10.8m), The Silk and Cotton Co. 2. Bali **fabric** in Charcoal from the Spice Route collection R968/m (295cm wide), Black Fabrics 3. From left: Rain Dralon **fabric** in Air, Storm Dralon **fabric** in Air and Canyon Dralon **fabric** in Air, all from the Elements Outdoor Collection R560/m (140cm wide), Halogen 4. Snorkel **fabric** in Caviar from the Sunburst collection R1 225/m (138cm wide), Hertext 5. Maluti **fabric** in Black from the Sub Sahara collection R603/m (139cm wide), St Leger & Viney 6. Pulse of Passion **wall mural** by Rebel Walls R1 108/m², St Leger & Viney 7. The Surface of the Sea **fabric** in Black, handpainted on White Libeco Belgian **linen** by David Bellamy R1 600/m (135cm wide), Bbellamyandbellamy 8. Trifol **wallpaper** in Black and White by Stroheim R2 869/m (52cm wide) and 9. Hannes **wallpaper** in Grey/Black by Sandberg R2 013/roll (53cm×10.05m), both The Silk and Cotton Co. 10. Bamboo Stripe **fabric** in Charcoal from the Indochine collection R673/m (139cm wide), St Leger & Viney 11. Zelva Flock **wallpaper** in Charcoal R4 014/roll (52cm×10m), Romo 12. Gridded Landscape **fabric**, handpainted on White Libeco Belgian **linen** by David Bellamy R2 200/m (135cm wide), Bbellamyandbellamy.

ADDITIONAL IMAGES: ISTOCK. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی



BRING AMBIENCE INTO YOUR LIVING SPACE WITH THE NON RANDOM PENDANT LIGHT IN BLACK (R17 400) BY DUTCH DESIGNER BERTJAN POT, CREATED FROM CRISS-CROSSED RESIN YARN. MOOOI.COM



BLACK BEAUTY

The picture of versatility, a Lancaster Double Chaise Leather sofa in Coal (large; R55 500; 0.88x3.92m; available in fabric or leather) can be configured to adapt to any interior. shf.co.za

LOUNGE

MINIMALIST MONOCHROME TAKES CENTRE STAGE WITH REFINED LIGHTING, SUMPTUOUS SEATING AND SOPHISTICATED STORAGE

COMPILED BY ROSALYND WATSON PHOTOGRAPHS SUPPLIED

SOFT SPOT

Elegance marries comfort in the Nuvola three-seater sofa by Paola Navone for Gervasoni (R180 950), upholstered in 3D Grigio fabric. A multilayer solid-wood frame forms the foundation for goose down and polyester-fibre quilting – just the thing for cool-weather snuggles. modernhome.co.za



GOLDEN OLDIE

With its attractive curved shape and gleaming brass shade, the 9464 wall light (R8 901) is a perfect example of how Finnish designer Paavo Tynell turned illumination into an art form for Danish brand Gubi. cremadesign.co.za

SHAKEN, NOT STIRRED

Entertaining is effortless with the compact Quinita small bar cart (R9 500). dark-horse.co.za

ICE AGE

Housing six trays in 8mm-thick clear glass, the two-door Snow China unit (R108 180; excludes delivery) in Solid Surface by Erwan Péron ensures dinnerware is kept organised and easily accessible. roche-bobois.com



TOUCH BASE

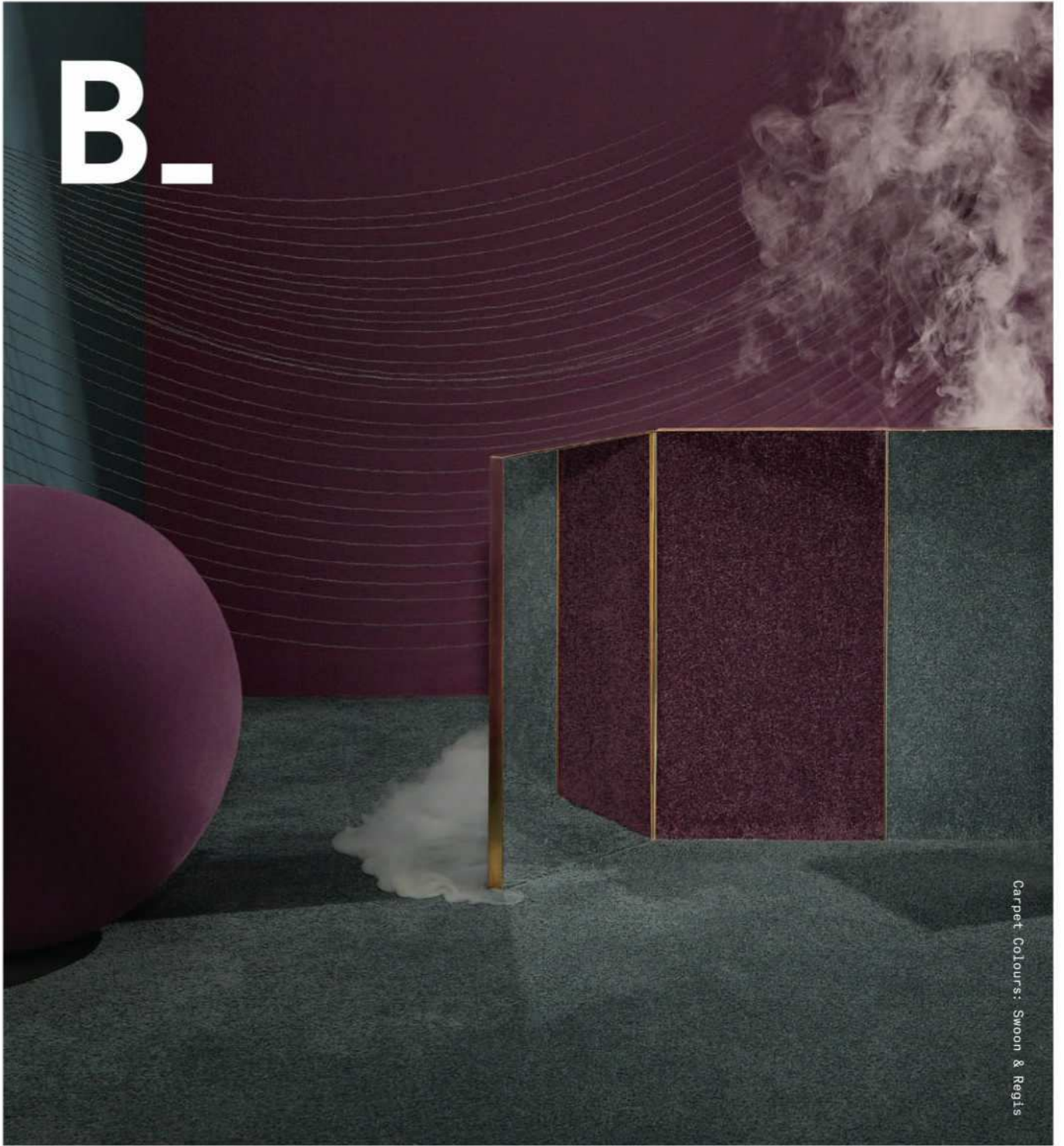
Stubborn marks are no match for the Tufted Colour Placement range of stainproof carpeting, pictured here in Cracked Earth (R550/m²). belgotextiles.co.za

DOUBLE DEAL

Get graphic with scatters: (from top) Silver Cross-Hatch (R499) and Natural Gold Geo Embroidered (R399). home.co.za

HOLDING IMAGE COURTESY OF THE MODERN HOME COMPANY AND FEATURES THE NUVOLOA THREE-SEATER SOFA (R180 950) BY PAOLA NAVONE FOR GERVASONI, UPHOLSTERED IN 3D GRIGIO FABRIC. MODERNHOME.CO.ZA. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

B.



Carpet Colours: Swoon & Regis

Softology™ Mastered Fibre Technology.

Softology™ by Belgotex is the ultimate soft carpet defined by plush, toe-scrunching satisfaction. This luxe broadloom range displays distinctive colour options and is available in three grades of pile height to suit your lifestyle needs.

Cape Town Design Centre: Showroom B, The Matrix, 8 Bridgeway, Century City.
Johannesburg Showroom: 1 on Jameson Ave, Cnr. Glenhove Rd & Jameson Ave, Ground Floor, Melrose Estate.

Belgotex™

www.belgotex.co.za

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy





ROUGH DIAMOND

The faceted exterior of the Rock Suspension lamp in Black by Diesel Foscarini (R13 867) reveals a bright iridescence that can be directed up or down as you wish. cremadesign.co.za

CULINARY CRAFT

Everything's at your fingertips with bulthaup's b3 system, which is tailored to your needs with sleek laminate in Alpine White, structure oak in Black Grey, and Dark Grey aluminium wall panels (from R500 000; excludes appliances). domum.bulthaup.com

TROPICAL FLAIR

For a luxe, modern addition to your table, pull up an Agate dining chair in bronzed steel, clad in Soft Jardin Exo'Chic velvet in Caviar by Christian Lacroix (R12 800). eggdesigns.co.za



KITCHEN

A BLACK-AND-WHITE SCHEME LEAVES PLENTY OF ROOM FOR CONTEMPORARY STYLING WITH INKY ADD-ONS

COMPILED BY ROSALYND WATSON PHOTOGRAPHS SUPPLIED

THESE BLACK TRIANGLE-PATTERN PRINT GLASSES (R35 EACH) ARE A SIMPLE WAY TO INCLUDE A GRAPHIC ELEMENT IN YOUR COOKING SPACE. [WEYLANDTS.CO.ZA](http://weylandts.co.za)



FAIR AND SQUARE

Looking for stylish flooring that's easy to maintain and just as easy on the eye? Natural slate tiles in Black (R574/m²; 60x60cm) will give you a dramatic, tactile yet durable surface that's just at home indoors as it is outside. womag.co.za

NEXT LEVEL

Artistry combines with craftsmanship in the bold Hindi Iron sideboard (R10 999). Handcrafted from wood and steel, it's just asking for a culinary display. home.co.za



BAROQUE APPEAL

Embossed steel cutlery, such as this Pompadour flatware set in Matt Black from R1 750 (for a 16-piece set), bestows functional elegance on a moody setting. hertexhaus.co.za



HOLDING IMAGE COURTESY OF BULTHAUP AND FEATURES THE B3 SYSTEM WITH LAMINATE IN ALPINE WHITE, STRUCTURE OAK IN BLACK GREY, AND DARK GREY ALUMINIUM WALL PANELS (FROM R500 000; EXCLUDES APPLIANCES). DOMUM.BULTHAUP.COM. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





WARM & FUZZY

Me-time calls for a relaxing read and a hot soak, followed by the cuddly comfort of a fleecy Mr gown in Black (R449). Cocoa, anyone? home.co.za

OUT OF THIS WORLD

Set the scene with this space-age-inspired Mirror Ball Pendant light by Tom Dixon in Gold (from R7 740; 25cm). cremadesign.co.za



PART OF THE ARTIST EDITIONS RANGE, THE SARTORIAL COLLECTION FEATURES RAISED PATTERNS – SUCH AS THOSE IN THE CARILLON RECTANGLE WADING POOL SINK IN BLACK BLACK (R15 000), WHICH SPORTS A GEOMETRIC HERRINGBONE MOTIF. **AFRICA. KOHLER.COM**



VANITY FAIR

Jet-black faux fur lends whimsical interest to this Victorianesque Lammy Black stool (R3 995). lagrangeinteriors.com



TOP OF THE LINE

Flaunt your greenery in a Multi-Stripe Planter by Studio W (R161). woolworths.co.za

BATH

METALLIC ACCENTS MEET MOODY BASICS IN A PEACEFUL SPACE THAT'S ALL ABOUT RELAXATION

HIGH AND DRY

Luxuriously soft and super absorbent, the Talle bath sheet in Pale Grey by Country Road (R453; 91x165cm) brings a spa feel to the bathroom. woolworths.co.za



COMPILED BY ROSALYND WATSON
PHOTOGRAPHS SUPPLIED

HANDY HOLDALL

Keep bits and bobs tucked away in this satin-finish bath canister in Black Cobra Marble (R295). weylandts.co.za

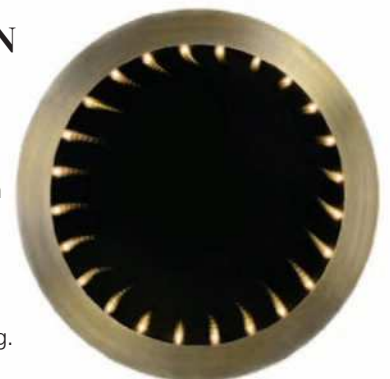


ALL THE FEELS

Silky smooth and warm to the touch, the generously sized Victoria & Albert Terrassa freestanding bath in Matt Black (R22 929; 0.76x1.7m) is made from a state-of-the-art solid-surface material, with amazing insulating properties. italtile.co.za

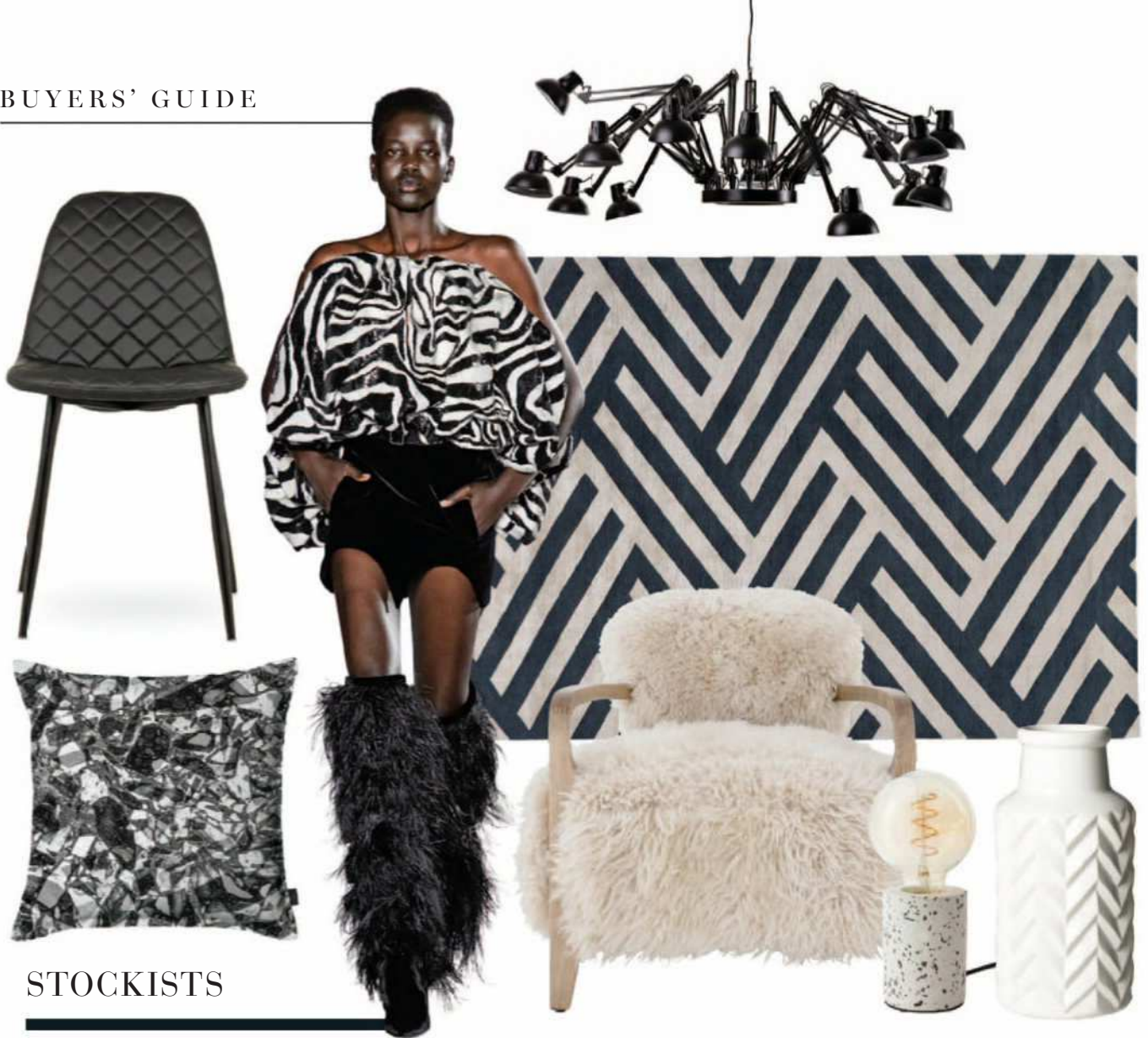
HERE COMES THE SUN

The LED antique bulbs behind the '70s-style brass frame in the Inception Round Mirror (R39 995) ensure soft, mellow lighting. weylandts.co.za



HOLDING IMAGES COURTESY OF KOHLER AND ITALILE AND FEATURE THE SARTORIAL HERRINGBONE CARILLON RECTANGLE WADING POOL SINK IN BLACK BLACK (R15 000), AFRICA.KOHLER.COM, AND VICTORIA & ALBERT TERRASSA FREESTANDING BATH IN MATT BLACK (R22 929), ITALILE.CO.ZA. FOR SUPPLIERS' DETAILS SEE THE STOCKISTS PAGE





STOCKISTS

3D Board 3dboard.co.za
@home home.co.za
ADF Outdoor South Africa adfsa.com
Adidas adidas.co.za
Africa Nova 021-425-5123
Bbellamy & Bbellamy
 bbellamyandbellamy.com
Black Fabrics blackfabrics.co.za
bulthaup domum.bulthaup.com
Clinton Friedman clintonfriedman.com
Country Road woolworths.co.za
Créma Design cremadesign.co.za
Dark Horse dark-horse.co.za
Design Afrika designafrika.co.za
Dokter and Misses
 dokterandmisses.com
Douglas & Company
 douglasandco.co.za
Dreamweaver Studios
 dreamweaverstudios.co.za
Egg Designs eggdsgns.co.za
Evolution evolutionproduct.co.za
Gonsenhauers Fine Rugs
 finerugs.co.za
H&M hm.com/za
Halogen halogen.co.za
Haus by Hertex hertexhaus.co.za

Hertex hertex.co.za
Home Fabrics homefabrics.co.za
House and Leisure Shop
 shop.houseandleisure.co.za
Italtile italtile.co.za
James Mudge jamesmudge.co.za
Kare Design kare-design.com
Klooftique klooftique.com
Kohler africa.kohler.com
La Grange Interiors
 lagrangeinteriors.co.za
LIM lim.co.za
Lucky Fitsch lucky-fitsch.com
Modern Home modernhome.co.za
Moooi moooi.com
MRP Home mrphome.com
Newport Lighting newport.co.za
Okha okha.com
Picot & Moss picotandmoss.co.za
Robert Sherwood Design
 robertsherwooddesign.com
Robin Sprong robinsprong.com
Roche Bobois roche-bobois.com
Romo romosouthafrica.com
Saint D'ici saintdici.com
SHF shf.co.za
Skinny laMinx skinnylaminx.com

St Leger & Viney stleger.co.za
T&Co tandco.co.za
The Rug Company therugcompany.com
The Silk and Cotton Co silkco.co.za
The South African Sheepskin Company
 facebook.com/TheSAsheepskinCo
Tonic Design tonicdesign.co.za
True Design truedesign.co.za
Weylandts weylandts.co.za
Widmer + Co widmerandco.co.za
WOMAG womag.co.za
Woolworths woolworths.co.za
Yuppiechef.com yuppiechef.com

COMPETITION TERMS AND CONDITIONS

For full competition terms and conditions, visit houseandleisure.co.za/terms-conditions.

While all product information was checked before going to print, *House and Leisure* cannot guarantee that prices will not change or that products will be available at the time of publication.

Granny Goose, specialists in superior quality bedding, have joined forces with the Sports Science Institute of South Africa (SSISA); combining their almost three decades' worth of experience in crafting high thread count luxury linens and duvets with SSISA's scientific acumen, as renowned pioneers in sleep science.

Your nights of counting sheep are numbered

Dr Dale Rae

Gaynor Walkey



ninety9cents 36824T



Gaynor Walkey, Founder of Granny Goose says, "Sleep is of paramount importance to our functioning as human beings, and over extended periods of time, poor quality sleep will begin to take its toll on our health. "It's for this reason that we have partnered with SSISA and its 'Dream Team' of sleep scientists, led by Dr. Dale Rae, Senior Researcher in Chronobiology and Sleep Health at UCT." Dr. Rae shares a few simple healthy habits to improve your sleep quality:

- Establish a routine by going to sleep and waking up at the same time each day.
- Avoid exercising or eating too late in the evenings, as this increases your body's metabolic rate.

- Limit caffeine in the latter part of the day.
- Put aside your phone and turn down the lights to promote the release of melatonin; a sleep-promoting hormone.
- Turn your bedroom into a sanctuary. Try black-out curtains and neutral colours.
- Expose yourself to natural light throughout the day as it primes your mind and body, helping to promote a healthy sleep-wake cycle.

Gaynor adds, "Something as simple as upgrading your current sleep essentials – such as a more comfortable pillow – will result in a deeper rest."

Visit <http://www.grannygoose.com/> for more information or call one of Granny Goose's bedding experts today on 0860 388 387

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی





BETONY VERNON

Sex-guide writer.
Boundary defier.
Jewellery designer

COMPILED BY GARRETH VAN NIEKERK
PHOTOGRAPHS RAUL HIGUERA, GRAEME WYLLIE, SUPPLIED

I was born in Tazewell, Virginia, near the Appalachian Trail in the US. I am the designer of Paradise Found Fine Erotic Jewellery and author of *The Boudoir Bible: The Uninhibited Sex Guide for Today*. Sex and jewellery go together like Champagne and chocolate. My earliest memory of good design is the kitchen cabinets designed by my father in my childhood home. The most seductive thing a partner can do is to surprise me. My favourite pieces of sculpture in Paris are Constantin Brâncuși's totems at his atelier in the Georges Pompidou Centre. Every woman understands the difference between the way a sports bra or a corset or other feminine undergarment makes her feel. Underwear design affects the way you present yourself to the outside world. Sex toys should not be used for massaging aching calf muscles, as is recommended in the instructions for vibrators that are sold in the USA. When I dress up, I wear high heels. My kitchen cupboard staples are brown rice, almonds and other nuts, algae and olive oil. My go-to comfort foods are halva, miso soup and spaghetti with arrabiata sauce. My favourite restaurant is Table in Paris, by chef Bruno Verjus. I always travel with my running gear. A country that I'll never forget is Tibet.



From my travels I always like to bring back artisanal tableware and kitchenware. My next dream holiday destination is Japan. If money were no object, I'd treat myself to purchasing a borgo [a small village or section of a town] in Italy. I'm reading *The Omnivore's Dilemma* by Michael Pollan and listening to theta brainwave frequencies. I hate it when people miss out because they are using their phones rather than being present. I'm definitely not a morning person. If I could change one thing about the world it would be that there would be no borders, and therefore no wars. Don't leave Paris without trying fresh oysters from Jean-Luc at Bastille Market on Sundays. When I was younger, I used to think that I would become a doctor. The best advice I have ever received is 'Be the master of your own destiny.' [@betonyvernon](#)



“Interesting things happen when the creative impulse is cultivated with curiosity, freedom and intensity.”

Saul Bass
Award-winning American Designer



MONOCIBEC ONE- Gris 1200mm x 600mm. Natural Surface.



STILES - Cape Town
37 Paarden Eiland Road
Cape Town, 7405
T: 021 510 8310
F: 021 510 8317
info@stiles.co.za

STILES - George
12 Commercial Close
George, 6529
T: +27 44 8713222
F: +27 44 8710721
info@stiles.co.za

STILES - Mossel Bay
Bolton Street
Mossel Bay, 6506
T: +27 44 6951800
F: +27 44 6951877
info@stiles.co.za



www.stiles.co.za

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 [Enekas.Academy](https://www.instagram.com/Enekas.Academy)





B V L G A R I
ROMA

SERPENTI

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی دکوراسیون داخلی

 Enekas.Academy

 Enekas.Academy

